



RKSD COLLEGE, KAITHAL

Virtual Workshop “PAVITRA” on Personal Health and Hygiene

Three Days (19-21 October, 2020) Virtual Workshop “PAVITRA” on Personal Health and Hygiene was being organized by the Women Cell in collaboration with ‘The Art of Living Foundation’. Ms Sonal Anand who is a Certified Yoga instructor from ‘Ministry of Ayush’ and art of living Teacher, was the coach instructor of the workshop. Female faculty alongwith girl students from Morning and Evening session of the college participated in the workshop. Principal Dr. Sanjay Goyal in the Innaugral session of the workshop emphasized that the theme of the workshop was the need of the hour in the pandemic time ensuring health and hygiene of girl students. Ms Sonal Anand during three days of the workshop trained students various yoga aasans, yoga mudras, take interactive session on the proper diet and maintenance of hygiene during crucial menstruation period and also discussed the importance of meditation on mental health. During the workshop Dr. Geeta Goyal spoke about the history and importance of women cell in the college, Dr Manjula Goyal demonstrated the sanitary napkin wending machine which is being installed in the girl’s common room of the college. Dr Suruchi Sharma delivered vote of thanks in the valedictory session of the workshop. Ms. Manika Gupta started the session of second day. Convener, Mrs. Rachana Sardana Co-ordinated the whole event. Ms Richa Langyan took over the charge of all social media handling of the workshop.

ONLINE WORKSHOP ORGANISED

Kamat: The women cell of RKSD College, Kaithal, organised a three-day online 'Pavitra Workshop' in collaboration with Art of Living Foundation on personal health and hygiene of girl students. In his inaugural address, principal Sanjay Goyal emphasised that the theme of the workshop was the need of the hour in the pandemic time ensuring health and hygiene of girl students. Sonal Anand was the coach-instructor who emphasised on proper diet during crucial menstrual period, various yoga aasnaas, yoga mudras and also spoke about the impact of meditation on mental health. Convener women cell Prof Rachna Sardana introduced the theme and the schedule for all the three days.

The Tribune

Wed, 28 October 2020
<https://epaper.tribune>





तीन दिवसीय ऑनलाइन कार्यशाला पवित्र महिला स्वास्थ्य एवं स्वच्छता शुरू

कैथल, 20 अक्टूबर (प्रदीप हरित) : आर.के.एस.डी. कॉलेज वूमन सैल की तरफ से तीन दिवसीय ऑनलाइन कार्यशाला पवित्र महिला स्वास्थ्य एवं स्वच्छता का शुभारंभ प्राचार्य डा संजय गोयल ने किया। उन्होंने अपने संभाषण में कोविड-19 के काल में महिला स्वास्थ्य एवं स्वच्छता को समय की जरूरत बताया। इस काल में विशेषरूप से महिलाओं की जिम्मेदारियों को देखते हुए स्वास्थ्य सम्बन्धी और ज्यादा सतर्कता बरतने पर जोर दिया। स्वच्छता का विषय इस समस्या का मुख्य मुद्दा रहा है, अतः महिलाओं के संदर्भ में इस पर ध्यान देना और भी जरूरी है। इससे पहले सैल की संयोजिका प्रो. रचना सरदाना ने प्राचार्य डा. संजय गोयल, मुख्य वक्ता सोनल आनंद, आर्ट ऑफ लिविंग एवं सभी प्रतिभागियों का



ऑनलाइन कार्यशाला में भाग लेते हुए महिलाएं।

स्वागत किया। सोनल आनंद ने आज मुख्यतः महिला स्वास्थ्य एवं इससे जुड़े विभिन्न विषयों के बारे में अवगत करवाया। उन्होंने कुछ विशेष प्रकार के योगों का अभ्यास करवाया जो कोरोना जैसी परिस्थितियों में मानसिक एवं शारीरिक मजबूती के

लिए फायदेमंद हो सकते हैं। कार्यक्रम के अंत में डा. गीता गोयल ने सभी का धन्यवाद किया। इस अवसर डा. मंजूला गोयल, प्रो. ऋचा लांग्यान, डा. सुरूची शर्मा, प्रो. मनिका गुप्ता ने कार्यक्रम सम्बन्धी सभी गतिविधियों का सुचारु ढंग से संचालन किया।



तीन दिवसीय ऑनलाइन योगा कार्यशाला सम्पन्न

कैथल, (प्रदीप हरित) : आर.के.एस.डी. कॉलेज की वूमन सैल के द्वारा आर्ट ऑफ लिविंग के सौजन्य से करवाई गई तीन दिवसीय ऑनलाइन कार्यशाला पवित्र महिला स्वास्थ्य एवं स्वच्छता का समापन सफलतापूर्वक हुआ। इसमें मुख्य वक्ता के रूप में सोनल आनंद, आर्ट ऑफ लिविंग एवं आयुष मंत्रालय से नामलि योगा टीचर रही। उन्होंने तीन दिन तक महिलाओं सम्बन्धी



ऑनलाइन योगा कार्यशाला में भाग लेते हुए छात्राएं।

समस्याओं एवं उनके शारीरिक एवं मानसिक विकास के बारे में जानकारी दी। प्रथम दिन उन्होंने योगा अभ्यास तथा उनको सही ढंग से करने के तरीके बताए। दूसरे दिन महिलाओं की समस्याओं मासिक धर्म, खून की कमी, स्वच्छता, मानसिक दुर्बलता एवं सावधानियां से अवगत करवाया। अंतिम दिन कार्यशाला का मुख्य विषय कोरोना काल में महिलाओं की भूमिका का रहा। प्राचार्य संजय गोयल ने वूमन सैल को कार्यशाला के सफल आयोजन के लिए बधाई दी। इस कार्यशाला का संचालन सैल की संयोजिका प्रो. रचना सरदाना के द्वारा किया गया। उनके अलावा डा. गीता गोयल, डा. मंजूला गोयल, डा. सुरूची शर्मा, प्रो. ऋचा लांग्यान, प्रो. मनिका गुप्ता ने कार्यक्रम सम्बन्धी सभी गतिविधियों में उनका साथ दिया। इस कार्यशाला में 160 छात्राओं ने भाग लिया तथा कार्यक्रम के अंत में उन्होंने अपने अच्छे अनुभवों को साझा किया। छात्राओं ने इस तरह की कार्यशालाओं के व्यवहारिक महत्व को देखते हुए भविष्य में भी करवाने का आग्रह किया।

Timestamp	Name	Class	Roll no.	Email id
10/13/2020 20:52:10	Dr. Alisha Goyal	Asstt Professor	RKSD(PG) College, Kaithal	goyal1alisha@gmail.com
10/16/2020 20:49:31	Ms Anjali Kurra	Assistant Professor	RKSD(PG) College, Kaithal	anjalikurra9@gmail.com
10/14/2020 18:27:54	Ms. Rachna Sardana	Assistant Professor	RKSD(PG) College, Kaithal	rachna625@gmail.com
10/13/2020 18:50:48	Dr. Ritu Kang Walia	Assistant Professor	RKSD(PG) College, Kaithal	rituwalia6213@gmail.com
10/14/2020 10:37:04	Richa Langyan	Assistant Professor of English	RKSD(PG) College, Kaithal	richa.langyan@ymail.com
10/16/2020 19:42:59	Dr. Seema Gupta	Assistant Professor	RKSD(PG) College, Kaithal	
10/17/2020 19:45:52	Dr. Geeta Goyal	Assistant Professor	RKSD(PG) College, Kaithal	
10/18/2020 12:46:23	Dr.(Mrs) Manjula Goel	Assistant Professor	RKSD(PG) College, Kaithal	
10/19/2020 14:47:58	Dr.(Mrs.) Shilpy Aggarwal	Assistant Professor	RKSD(PG) College, Kaithal	
10/20/2020 11:42:59	Dr.(Mrs) Vinay Singhal	Assistant Professor	RKSD(PG) College, Kaithal	
10/20/2020 11:47:28	Dr. Suruchi Sharma	Assistant Professor	RKSD(PG) College, Kaithal	
10/20/2020 18:42:59	Ms. Preeti Bansal	Assistant Professor	RKSD(PG) College, Kaithal	
10/20/2020 16:23:32	Mrs. Pooja Gupta	Assistant Professor	RKSD(PG) College, Kaithal	
10/21/2020 16:26:34	Dr. Shweta Garg	Assistant Professor	RKSD(PG) College, Kaithal	
10/22/2020 16:26:35	Ms.Manisha Singla	Assistant Professor	RKSD(PG) College, Kaithal	
10/23/2020 17:21:30	18. Ms. Babita Garg	Assistant Professor	RKSD(PG) College, Kaithal	
10/12/2020 20:12:01	19. Ms.Shashi Rani	Assistant Professor	RKSD(PG) College, Kaithal	
10/13/2020 19:17:38	Dr.Sucheta Rani	Assistant Professor	RKSD(PG) College, Kaithal	
10/13/2020 13:23:40	Ms.Neha Gupta	Assistant Professor	RKSD(PG) College, Kaithal	nehagupta@rksdcollege.ac.in
10/19/2020 10:55:37	Ms.Nidhi Bansal	Assistant Professor	RKSD(PG) College, Kaithal	bansalnidhi@rksdcollege.ac.in

10/13/2020 10:24:51	Ms.Neha Gupta	Assistant Professor	RKSD(PG) College, Kaithal	guptan@rksdcollege.ac.in
10/12/2020 19:01:33	Ms.Mamta Sharma	Assistant Professor	RKSD(PG) College, Kaithal	mamta@rksdcollege.ac.in
10/19/2020 11:19:44	Ms.Priyanka	Assistant Professor	RKSD(PG) College, Kaithal	priyanka@rksdcollege.ac.in
10/19/2020 11:29:48	Ms.Archana Tiwari	Assistant Professor	RKSD(PG) College, Kaithal	archnatiwari@rksdcollege.ac.in
10/12/2020 19:21:14	Ms.Deepika	Assistant Professor	RKSD(PG) College, Kaithal	deepika@rksdcollege.ac.in
10/12/2020 19:37:56	Ms.Sonia Khurana	Assistant Professor	RKSD(PG) College, Kaithal	soniakhurana@rksdcollege.ac.in
10/12/2020 19:10:32	Ms.Anchal Singla	Assistant Professor	RKSD(PG) College, Kaithal	aanchalsingla@rksdcollege.ac.in
10/19/2020 13:54:19	Ms.Shivani Gupta	Assistant Professor	RKSD(PG) College, Kaithal	shivanigupta@rksdcollege.ac.in
10/13/2020 18:07:53	Mrs.Sheenu Singla	Assistant Professor	RKSD(PG) College, Kaithal	sheenu@rksdcollege.ac.in
10/19/2020 12:27:22	Ms.Renu	Assistant Professor	RKSD(PG) College, Kaithal	renu2@rksdcollege.ac.in
10/17/2020 7:09:51	Ms.Kiran Rani	Assistant Professor	RKSD(PG) College, Kaithal	kirran@rksdcollege.ac.in
10/12/2020 19:25:39	Ms. Sunita	Assistant Professor	RKSD(PG) College, Kaithal	sunita@rksdcollege.ac.in
10/12/2020 20:08:55	Ms. Manisha	Assistant Professor	RKSD(PG) College, Kaithal	Manisha@rksdcollege.ac.in
10/14/2020 19:14:51	Sanket	B.A (2nd year)	3219420009	Sanketgopera@gmail.com
10/14/2020 19:31:46	Diya Dhull	B.A (2nd year)	3219420008	diyadhull6@gmail.com
10/12/2020 17:30:10	Rupinder	B.A 2nd year	3185320014	ak3396931@gmail.com
10/12/2020 20:44:41	Meenu Saini	B.A 3rd year	2304020040	meenusaini102001@gmail.com
10/13/2020 19:04:12	Meenu Saini	B.A 3rd year	2304020040	meenusaini102001@gmail.com
10/14/2020 8:27:28	Anjali	B.A 3rd year	2304020035	anjelibhardwaj223355@gmail.com
10/13/2020 15:56:59	Tamanna	B.a 5sem	2304020043	tamannabohat005@gmail.com
10/19/2020 12:20:51	Asha rani	B.a 6th	1568520147	ashakaithal0@gmail.com

10/12/2020 20:29:11 Anu	B.A final year	2304020084 sainianu527@gmail.com
10/14/2020 20:04:25 Jyoti	B.A final year 6th sem	1602620005 jyotidhariwal15@gmail.com
10/19/2020 11:04:01 Anchal	B.A fist year	3219420032 anchalrajrana001@gmail.com
10/13/2020 21:01:46 Simran	B.A.	kathuriasimran448@gmail.co 2304020027 m
10/13/2020 5:33:27 Jyoti Rani	B.A. 5th semester	2304020085 rnmalik098@gmailcom
10/12/2020 21:15:23 Asha	B.a. final year	2304020122 Sainiasha422@gmail.com
10/14/2020 18:26:02 Ritu sharma	B.A2nd year	3219420039 ritu46951@gmail.com
10/12/2020 17:32:51 Minakshi	B.com	minakshimangla381@gmail.c 3185420001 om
10/12/2020 17:49:18 Reena	B.com	2304120030 reenav0001@gmail.com
10/12/2020 18:19:59 Minakshi	B.com	minakshimangla381@gmail.c 3185420001 om
10/12/2020 21:36:08 Tripti Goyal	B.com	3185420068 radheradhe84862@gmail.com
10/13/2020 17:46:06 Simran	B.com	simmi.aggarwal.1999@gmail. 1568620047 com
10/17/2020 15:32:00 Pooja Gupta	B.com	123 pmittal304@gmail.com
10/19/2020 10:50:49 Rajni devi	B.com	2761920007 rajniraniraggu123@gmail.com
10/19/2020 10:51:39 Rajni devi	B.com	2761920007 rajniraniraggu123@gmail.com
10/19/2020 11:01:43 Rajni devi	B.com	2761920007 rajniraniraggu123@gmail.com
10/19/2020 11:06:16 Neha	B.com	180028220 nrani1076@gmail.com
10/19/2020 11:28:38 Ritu devi	B.com	2761920022 ritudevikkkr2001@gmail.com
10/19/2020 12:09:06 Palwinder kaur	B.com	2761920002 palvinder63720@gmail.com
10/13/2020 16:21:20 Shivani	B.com	1678420019 Shirashivi@gmail.com
10/13/2020 17:49:18 Paramjit	B.com	1568620069 Sainiattitude7@gmail.com

10/13/2020 17:49:28 Paramjit	B.com	1568620069 Sainiattitude7@gmail.com
10/19/2020 11:49:16 Manisha devi	B.com	2761920021 Manishakkr@gmail.com
10/19/2020 11:09:09 Kiran Devi	B.com 3rd year D.COM	Kashyaprajput208@gmail.co 2761920019 m
10/12/2020 18:40:19 Laxmi	(Hons) ist year	www.subhashjain 3219730005 7101975@gmail.com
10/12/2020 18:55:48 Sunaina	B.com 2nd	2304120035 Sunainarani174a gimal .com
10/13/2020 12:12:51 Chahat garg	B.com 2nd year	3219920008 chahatg012@gmail.com
10/12/2020 19:15:49 Jyoti	B.com 3rd year	2304120072 jyotiskeokand7777@gmail
10/12/2020 21:17:15 Neha Saini	B.com 3rd year	2304120058 sainineha0306@gmail.com
10/13/2020 20:14:41 Ishika Chugh	B.Com 3rd Year	2304120047 ishikachugh1211@gmail.com
10/19/2020 12:56:54 shivani	B.com 3rd year	2761920004 shivani75325@gmail.com
10/14/2020 18:09:00 Neha	B.com 6th semeste D.COM IIII	1603120058 nehasehgal636@gmail.com
10/14/2020 17:39:37 Komal Verma	year 6th SEM.	1603120007 komalvermakanu@gmail.com
10/12/2020 17:26:58 Nikita singla	B.com final yr.	2304120017 singlasunil101@gmail.com
10/14/2020 19:42:22 Kavita	B.com hons 6th sem	1602920007 kavitajindal712@gmail.com
10/13/2020 10:33:04 Himani	B.com year	3219920015 himanibathla06@gmail.com
10/17/2020 12:14:44 Neeru	b.com-III	2304120027 neerubasauram@gmail.com
10/19/2020 13:04:05 Shivani	B.com(final year)	1603120022 ss7082794546@gmail.com
10/12/2020 20:35:28 Vanshika	B.Com(S.F)	2001vanshikabindilish@gmail. 3289120025 com
10/15/2020 16:46:27 Manju	B.com2nd year	3219920037 Dhullmanju055@gmail.com
10/15/2020 16:47:16 Manju	B.com2nd year	3219920037 Dhullmanju055@gmail.com
10/13/2020 8:37:45 Priyanka	B.com3rd	2304120040 Sanjulamsar.mcn@gmail.com

10/14/2020 19:53:01	Sonia	B.sc (3rd) D.sc	1568720019	soniamoun58@gmail.com
10/13/2020 16:05:51	Parvinder kaur	(medical) final year	2304320030	2304320030parvinder@gmail.com
10/13/2020 16:24:26	Sonia	B.Sc (N.M)- 2 ND year	2304220023	soniadhull9191@gmail.com
10/13/2020 17:55:02	Raveena	B.sc med- 2nd year	3185620025	3185620025raveena@gmail.com
10/13/2020 16:35:45	Neeru	B.sc medical 3rd	2304320003	ranganeeru0000150@gmail.com
10/13/2020 16:39:23	Neeru Ranga	B.sc medical 3rd D.sc non med. Aided	2304320003	ranganeeru0000150@gmail.com
10/14/2020 16:52:54	Manju Rani	2nd year D.sc non medical	3185520012	manjudonkal10@gmail.com
10/14/2020 16:51:16	Manju Rani	(aided) 2nd	3185520012	manjudonkal10@gmail.com
10/13/2020 16:58:35	Komal	B.sc.	3185520013	poonam120star@gmail.com
10/13/2020 19:16:34	Babita Devi	B.Sc.	1568720018	babitakangar2015@gmail.com
10/14/2020 21:53:41	Kritika	B.Sc. (N.M.)	2304220032	kansalrekha17@gmail.com
10/13/2020 16:49:50	Eishika	B.Sc. Non Medical	3185520005	eshikapundri@gmail.com
10/12/2020 21:52:05	Taruna	BA	2304020100	tarunarayamajhi2000@gmail.com
10/13/2020 16:15:35	Sheetal	Ba	2304020010	bhardwajneena03@gmail.com
10/13/2020 15:38:04	Prabha	BA (2nd) year	2304020082	gulshanbhardwajb@gmail.com
10/13/2020 16:14:40	Sheetal	Ba (final)	2304020010	bhardwajneena03@gmail.com
10/12/2020 17:43:49	Monika	BA 2nd year	3185320068	monikachahar2001@gmail.com
10/12/2020 20:02:10	Kusam	BA 2nd year	3185320092	kusamlaller2019@gmail.com
10/13/2020 14:11:35	Vandana Saini	Ba 2nd year	3185320002	ishusaini885@gmail.com
10/14/2020 17:33:58	Lata	Ba 2nd year	3219420011	latasaini70982@gmail.com
10/12/2020 19:27:30	Lucky	BA 3rd year	2304020133	luckysharmamannu@gmail.com

10/12/2020 19:41:09 Sunita	Ba final	1568520069 saini40698@gmail.com
10/13/2020 10:13:52 Kavita	BA final year	2304020105 mahatkavita@gmail.com
10/13/2020 21:04:22 Aarti jangra	BA final year	2304020126 aj9aj9492972@gmail.com
10/19/2020 12:04:26 Samiksha	BA final year	1568520131 samikshas838@gmail.com
10/16/2020 17:13:47 Shreya Gupta	BA III	7650021 shreya.gup17@gmail.com
10/15/2020 6:46:04 Pinki rani	BA third year	1602620036 Pinkidhiman977@gamail.com
10/12/2020 20:11:25 Komal	BA-III	2304020165 komalgoel2001@gmail.com
10/12/2020 19:40:19 Sunita	Ba. Final	1568520069 saini40698@gmail.com
10/13/2020 18:19:35 Janvi bhargav	BBA	170001223-UNIVERSITY roll no. 1569220007- college roll no. bhargavjanvi33@gmail.com
10/19/2020 11:00:36 Akanksha	BBA 3rd year	Akankshasingh93971@gmail. 1569220011 com
10/13/2020 16:39:31 Simran	Bcom	1678420011 simransantosh3@gmail.com
10/12/2020 18:41:45 Komal preet	Bcom Bcom (hons) 2nd year	Komalpreetjune12@gmail.co 2304120037 m
10/14/2020 21:00:17 Monika	bcom 2nd year	2338420022 monikajindal501@gmail.com
10/13/2020 10:23:48 jaishree	Bcom 2nd year	3219992018 jassudhiman408@gmail.com
10/19/2020 12:39:12 Muskan	Bcom 2nd year	2338620019 Dpkmnocha@gmail.com
10/13/2020 21:26:56 vibhuti garg	bcom 3 year	2304120020 gargvibhuti007@gmail.com
10/19/2020 10:47:50 Mehak	Bcom 3rd yr	1568620049 Goelmhku1112@gmail.com
10/13/2020 19:55:52 Deepti	Bcom final year	mahavirkandola123@gmail.co 1568620025 m
10/14/2020 21:33:18 Sheetal	BCOM final year	sheetal003sharma@gmail.co 2338420028 m
10/19/2020 12:23:57 Bhawna	Bcom final year	1603120024 Bnarang972900@gmail.com
10/19/2020 12:35:04 Muskan	Bcom Honours	1602920025 muskangarg830@gmail.com

10/12/2020 18:35:36 Bhawna	Bcom hons	3219720025 m	bhawnadudeja0802@gmail.co
10/12/2020 19:17:58 Garima	Bcom hons	3219720001	garimamittal255@gmail.com
10/14/2020 21:32:23 Vishali	Bcom hons	2338420014 m	Vanshumadaan25@gmail.co
10/12/2020 18:34:53 Bhawna	Bcom hons	3219720025 m	bhawnadudeja0802@gmail.co
10/12/2020 19:14:49 Vanshika	Bcom hons (final)	1602920011 m	Vanshikabatra4321@gmail.co
10/12/2020 18:44:03 Anshika	Bcom Hons 1	3219720010	anshikagoyal721@gmail.com
10/12/2020 21:17:28 Ishu	Bcom-2	3289120013	ishug3946@gmail.com
10/12/2020 19:02:35 tisha chaudhary	bcom(hons.) 2nd year	26	tishachaudhary32@gmail.com
10/14/2020 17:56:46 Mansi	Bcom(Hons) - Final year	1602920010	mittalmansi321@gmail.com
10/13/2020 19:03:33 Anjali	Bcom3rd BSC III SEM commerce	1568620065	anjalogarg986@gmail.com
10/19/2020 10:58:14 SUMAN LATA	final year	2761920010 om	sumankashyap5521@gmail.c
10/13/2020 19:46:55 Deepanshi	Bsc	1569020011 m	Deepanshidhiman3@gmail.co
10/13/2020 19:14:13 Kanika mittal	Bsc (c.sc) 3rd year	1568920015	kanikamital0642@gmail.vom
10/14/2020 11:23:46 Suman Rani	Bsc (N.M.) final year	1568720011	sumanmoun2000@gmail.com
10/13/2020 20:21:37 Samridhi	Bsc (nm) 6th sem DSC	1568720009	15gargsamridhi@gmail.com
10/13/2020 19:09:20 Shivani Chahal	computer science final	1568920017 m	shivanichahal0000@gmail.co
10/13/2020 20:11:57 Upasana	Bsc electronics DSC III SEM	3185820006	upasanarana312@gmail.com
10/13/2020 21:32:47 Khushi Rani	year non medical DSC III SEM	1568720020	k.s1562000@gmail.com
10/14/2020 19:20:02 Tripti	medical self fianance)	4716420012	Dimpipapreja@gmail.com
10/13/2020 16:21:03 Manvi	Bsc medical 2nd year	3185620009 m	3185620009manvi@gmail.co
10/13/2020 16:31:44 Sangeeta	Bsc medical 2nd year	3185620032 m	Ravishsangeeta17@gmail.co

10/13/2020 20:38:31	Isha Devi	BSc N.M.- 2nd year	2304220006 morisha500@gmail.com
10/13/2020 20:19:13	Anjali	bsc NM final year	1568720005 sainianjali789@gmail.com
10/13/2020 18:16:07	Snehal	Bsc non med	2304220018 goyalsnehal611@gmail.com
10/13/2020 18:23:01	Shilpa	Bsc non medical	3185520021 shilpashokal7@gmail.com
10/13/2020 16:07:15	Diksha Dhiman	Bsc non medical DSC (11011- medical 2	dddhiman07122000@gmail.c 2304220030 om
10/13/2020 16:37:26	Vanita	year DSC (11011- medical	rameshrapria2002@gmail.co 3185520004 m
10/16/2020 16:21:53	Preeti	aided 3 DSC (11011- medical	3185520019 preetiraoyy1@gmail.com
10/16/2020 21:15:51	Chhaya	(Aided) 3rd DSC-2 (11011- med) (self	3185520017 anilsaini7350@gmail.com
10/14/2020 19:19:38	Perna	finance) DSC-2 (11011- med) (self	Kharbandaperna53@gmail.c 4716420001 om
10/14/2020 19:20:44	Perna	finance) DSC-2 (11011- medical)	Kharbandaperna53@gmail.c 4716420001 om
10/14/2020 19:20:16	Sheetal	self finance DSC-2 (11011- medical self	4716420009 Sheetal2002rani@gmail.com
10/14/2020 19:25:11	Purnima	finanace	purnimabansalji786@gmail.co 4716420016 m
10/13/2020 18:58:08	Priya	Bsc. (N. M)	1568720046 priyakanwal16@gmail.com
10/13/2020 18:29:52	Simran	Bsc. 2nd year (med.)	3185620010 simran081626@gmail.com
10/14/2020 12:55:32	KUSUM	Bsc(med) 3rd year	2304320043kusum@email.co 2304320043 m
10/13/2020 20:21:40	Kajal rani	Bsc(non med) final	1568720015 kr371999@gmail.com
10/13/2020 20:25:28	Kajal rani	Bsc(non med)final	1568720015 kr371999@gmail.com
10/19/2020 12:20:24	Neha garg	Bvom honors final	1602920008 Nehagarg42412@gmail.com
10/19/2020 11:45:43	Meenu Rani	Faculty	meenurani221085@gmail.co 322 m
10/19/2020 12:07:00	Monika Gautam	M A Economics	monikagautma650@gmail.co 2338220010 m
10/14/2020 10:49:54	Kavaljeet kour	M a final hindi	2304820003 kavaljeetkourkti@gmail.com

10/19/2020 12:01:15 Nisha Rani	M. A economics	2338220020 nisha.sode@gmail.com
10/13/2020 13:43:04 Ritu	M. A. English iv. A.	3186220017 janraritu79@gmail.com
10/13/2020 13:24:12 Sonia	English (Final) iv. A.	3186220013 soniagarg246@gmail.com
10/14/2020 23:00:09 Anuradha	English (final)	3186220014 anuradhadhraiwa97@gmail
10/14/2020 17:12:10 Sakshi Bansal	M. Com (final)	Sakshibansal9996@gmail.co 2338720029 m
10/19/2020 12:35:26 Himani	M. Com(F)	3220020001 Himanikaithal12@gmail.com
10/19/2020 13:53:17 Geetika	M.A (Eco.)	geetikaaggarwal321@gmail.c 2338220026 om
10/14/2020 16:57:41 Sheena	M.a economics	sheenabharti0011@gmail.co 3219520019 m
10/13/2020 21:45:27 Heena Kansal	M.A English	3186220022 heenakansal68@gmail.com
10/13/2020 14:06:40 Santosh Rani	M.A English iv. A English final year	Santosh3186220004@rksdcol 3186220004 lege.ac.in
10/13/2020 15:15:31 Mamta	(2019- 20) iv. A	2304920023 jisaini418@gmail.com
10/13/2020 13:23:05 Anjali sheoran	English(Final)	3186220010 anjalisheoran99@gmail.com
10/14/2020 10:46:05 Suman Rani	M.A Final	3186220012 sumosumo228@gmail.com
10/14/2020 10:47:08 Suman Rani	M.A Final	3186220012 sumosumo228@gmail.com
10/19/2020 12:11:55 Rabeena Rani	M.a final	navikasingh77830@gmail.co 2338220023 m
10/14/2020 10:50:40 Urmila Rani	M.a Hindi final	urmilaraniprochaprocha@gma 2304820010 il.com
10/19/2020 10:52:11 Barkha	M.A. English	3186220029 mehlabarkha@gmail.com
10/14/2020 10:57:11 Sahil	M.A. final	3186220002 shalugarg777@gmail.com
10/14/2020 11:41:57 Usha Rani	M.A. Final	3186220025 ushasharma.us4@gmail.com
10/13/2020 13:33:43 Monika	M.A(English) previous	Monika3186220015@rksdcol 3186220015 ege.ac.in
10/12/2020 18:37:19 Urvashi Goyal	M.com	3220020003 ugoyal766@gmail.com

10/12/2020 20:54:04	Chahat	M.Com (Previous)	3220020004 chahatji29@gmail.com
10/14/2020 20:13:35	Shivani	M.com 4gh sem	2338720025 Shivanibansal457@gmail.com
10/14/2020 17:09:10	Prishi	M.com final	2338720039 prishigarg1972@gmail.com
10/13/2020 19:33:05	Manjeet kaur	m.com previous	kaurmanjeet94166@gmail.co 3220020067 m
10/14/2020 17:28:28	Mehak	M.Com(Final)	2338720002 mehagupta500@gmail.com
10/14/2020 9:14:59	Arti Devi	MA (english)final	2304920026 arti.prjapati97@gmail.com
10/14/2020 18:21:24	Dinky	MA Economics	3219520001 dinkykhurana62@gmail.com
10/19/2020 11:18:39	Suman Bala	MA English	sumanbalaktl1991@gmail.co 2304920018 m
10/12/2020 20:45:53	Meenu Saini	MA ENGLISH	2304920007 meenusaini739@gmail.com
10/13/2020 13:53:55	Parul Gupta	MA English	3186220028 jindalparul838@gmail.com
10/19/2020 11:04:52	Anju Sharma	MA English (Final)	3186220021 anju35278@gmail.com
10/13/2020 15:33:06	Annu	MA English final year	3186220031 annu82444@gmail.com
10/13/2020 20:18:15	Parul Sharma	MA final	parul3186220024@rksdcolleg 3186220024 e.ac.in
10/14/2020 17:18:05	Simran	Mcom	2388720060 simijhamb@gmail.com
10/15/2020 10:51:55	Diksha	Mcom	2338720014 Justingoel1996@gmail.com
10/14/2020 21:37:45	Sakshi	Mcom final year	2338720030 sakshigoyal3269@gmail.com
10/15/2020 10:59:04	Neetu Rohilla	Mcom final year	2338720006 neeturohilla001@gmail.com
10/14/2020 10:51:37	दीक्षा	स्नातकोत्तर द्वितीय वर्ष	2304820002 ravishdiksha1@gmail.com