



RKSD College, Kaithal

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3.4.1 Outcomes of Extension activities in the neighborhood community in terms of impact and sensitizing the students to social issues for their holistic development during the last five years.

Community Service through Open Air Fitness Center

With the active help and support of its sister institutions, the college planned to set up an open air gym and fitness centre for the benefit of all the school and college going students as well as public of the town at large. The facilities provided include gym, shooting range and provision for other sports and recreational activities at one place. Infrastructural development with proper facilities was a challenge. But all constraints were successfully overcome.

Everyday students of the institution as well as from other schools/colleges and the public at large regularly visit the stadium to use and get benefitted by the facilities provided there. The number of beneficiaries is on the rise and the centre is becoming a unique hub of fitness activities.





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Vidya-Vahini Bus Service

Efforts of R.K.S.D.(P.G.) College, Kaithal towards the starting of the Vidya-Vahini Bus Service keeping in mind the security of girl-students got its results when it was inaugurated officially by the Honourable D.C. Kaithal, Dr Priyanka Soni from the local main bus-stand here on 6th Sept.,2019. When the bus actually reached the college premises, it was welcomed by Sh. Saket Mangal Advocate,President, Governing Body and R.V.S. and the other Governing Body members. It shows the dedication of the administration that Dr Priyanka Soni herself and Dr Sanjay Goyal,Principal, R.K.S.D.College, Kaithal boarded the bus and accompanied the girls through the set routes to the college. Dr Suruchi Sharma and Prof Rachna Sardana also accompanied them. Dr Soni addressed the grievances of the students and promised them of a safe and secure environment. Earlier a committee keeping in mind the travelling related problems of the college girl-students was formed by Dr Sanjay Goyal which when finalised its report was submitted to the Honourable D.C. and the district administration acted urgently and positively in the matter by bringing that into action on 6th Sept,2019. Indraprasth Gas Limited(IGL) by sponsoring this project will spend Rs. 5 lakhs per month and three buses will run on daily basis from 8.00 a.m to 5.00 p.m by following a set schedule and route to Govt College,Kaithal,Jat College, Kaithal, I.G.College, Kaithal and R.K.S.D.College, Kaithal. Now girls will not have to struggle and travel to the local bus-stand which is quite far away from the said institutions. Girl-students across streams and colleges thanked Dr Priyanka Soni and once again the whole premise of R.K.S.D.(P.G.) College shouted ‘ Beti Bachao,Beti Padhao’.





छात्राओं को दिया नायाब तोहफा

D.T. 20/12/19

कैथल में हरियाणा की पहली विद्यावाहिनी बस सेवा शुरू

20 सितंबर तक होगी यात्रा फ्री, इसके बाद 50 रुपये मासिक पर बनेगा पास

कैथल, 3 सितंबर (ह.स.)

उपायुक्त डॉ. प्रियंका सोनी ने छात्राओं के लिए विशेष सुरक्षा इंतजाम करते हुए राज्य की पहली विद्यावाहिनी बस सेवा शुरू की है। यह बस शहर के बस स्टैंड से चलकर विभिन्न रूटों से होती हुई सभी शिक्षण संस्थानों तक जाएगी। विद्यावाहिनी बस सेवा का शुभारंभ उपायुक्त डॉ. प्रियंका सोनी ने नये बस अड्डे से 3 बसों को झंडी दिखाकर किया।

इस मौके पर उपायुक्त ने कहा कि लड़कियों को कॉलेज तक जाने में कई प्रकार की कठिनाईयों का सामना करना पड़ता था और वे समय पर कॉलेज में तथा कॉलेज से बस स्टैंड पर नहीं पहुंच पाती थीं। विद्यावाहिनी बस सेवा शहर के



कैथल में शुक्रवार को छात्राओं के साथ बस में सफर करती उपायुक्त डा. प्रियंका सोनी। ह.प.

विभिन्न स्थानों से होकर सभी शिक्षण संस्थानों में पहुंचेगी और छुट्टी के बाद सभी को नये बस स्टैंड व अपने गंतव्य तक छोड़ेगी। इस बस में केवल लड़कियां ही सफर करेंगी। लड़कियों की सुविधा के लिए सभी बसों में महिला सहायक नियुक्त की गई हैं। उन्होंने कहा कि

20 सितंबर तक यह बस सेवा बिल्कुल निःशुल्क चलाई जाएगी, उसके बाद मात्र 50 रुपए लेकर मासिक पास बनाए जाएंगे।

विद्यावाहिनी बस सेवा के सफल संचालन के लिए कॉलेज तथा छात्राओं की कमेटियां गठित की जाएंगी, ताकि यह सेवा निरंतर ठीक

डीसी ने स्वयं किया बस में सफर

विद्यावाहिनी बस सेवा में उपायुक्त डॉ. प्रियंका सोनी खुद बैठकर छात्राओं के साथ आरकेशवरी कॉलेज पहुंची। उपायुक्त ने अपनी पुरानी चढ़ी का तज्जा करते हुए छात्राओं से कहा कि उन्होंने भी बसों में कभी सफर किया है। बसों में लड़कियों को भीड़ से जूझना पड़ता है।

डंग से चलती रहे। इस अवसर पर हरियाणा रैडक्रॉस सोसायटी के उपप्रधान डॉ. मुकेश अग्रवाल, जीएम रोडवेज रामकुमार, आईजीएल कंपनी में महाप्रबंधक विकास बंसल, उपमहाप्रबंधक कमलजीत सिद्धू, पाचार्य एराके गोयल आदि मौजूद रहे।



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Extension Activities of NSS

(2017-18)

1. A Cleanliness drive was launched by NSS Volunteers under “Swachh Bharat Abhiyaan” launched by Ministry of Youth Affairs and Sports on 12 August 2017. An Extension Lecture was also delivered by Dr. Rishipal Bedi on this occasion. In this 250 volunteers actively participated

Cleanliness Drive under Swachh Bharat Abhiyaan on Aug 12, 2017



स्वच्छ भारत अभियान पर कार्यक्रम आयोजित

कैथल, 12 अगस्त (अजय): आर.के.एस.डी. कालेज एन.एस.एस. की 3 इकाइयों द्वारा पी.जी. ब्लॉक के सीमिनार रूम में स्वच्छ भारत अभियान के तहत गोष्ठी का आयोजन किया गया। इस गोष्ठी में एन.एस.एस. के कालेज की 3 इकाइयों 33, 34 व 35 के एन.एस.एस. के स्वयंसेवकों ने इसमें भाग लिया। डा. बी.आर. अम्बेदकर राजकीय महाविद्यालय के प्राचार्य डा. ऋषिपाल बेदी कार्यक्रम के मुख्यातिथि थे जबकि प्राचार्य डा. ओ.पी. गर्ग ने कार्यक्रम की अध्यक्षता की। एन.एस.एस. इकाइयों के प्रभारी डा. ओ.पी. सेनी, डा. गगन मित्तल व डा. बिजेंद्र द्वारा आयोजित इस कार्यक्रम में एन.एस.एस. वालंटियर्स को संबोधित करते हुए ऋषिपाल बेदी ने कहा कि स्वच्छता आज के संदर्भ में एक आवश्यक कार्य है और हमें अपने आस-पास के वातावरण को स्वच्छ रखने के लिए स्वच्छता अभियान को निरंतर आगे बढ़ाए रखना चाहिए। डा. ओ.पी. गर्ग ने अपने अध्यक्षीय भाषण में विद्यार्थियों का आह्वान किया वे वामुदेव कटुम्बकम की भावना से ओत-प्रोत होकर सेवा भाव से राष्ट्रीय सेवा योजना की मूल भावनाओं के अनुरूप कार्य करें। डा. ओ.पी. सेनी ने एन.एस.एस. की गतिविधियों के संदर्भ में विस्तार से चर्चा की।

राजकीय महाविद्यालय के प्राचार्य ऋषिपाल पाल बेदी एन.एस.एस. स्वयंसेवकों को संबोधित करते हुए। (रमेश)





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2. Blood Donation Camp was organized on 09 December 2017 in collaboration with HDFC Bank. More than 100 NSS Volunteers donated blood in it. Total 350 units of blood was collected

Volunteers Donating Blood in Dec 9, 2017



3. The National Voters’ Day is celebrated every year to mark the foundation day of the Election Commission of India, which was established on 25th January, 1950. In regard to the celebrations of 8th National Voters’ Day on 25th Jan.2018 with the theme “Inclusive and Qualitative Participation in Democracy”, R.K.S.D (P.G) College, Kaithal organised a District Level event in its premises under the aegis of District Election Commission, Kaithal. Smt. Sunita Verma, IAS, Deputy Commissioner–cum- Distt. Election Officer, Kaithal was the chief guest at the function. Our worthy Principal, Dr. O.P Garg,



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welcomed the chief guest, and other district officers who were present at the event. The Nodal Officer, Dr. Bijender Kumar, Prof. Richa Langyan along with NSS Conveners, Dr. Gagan Mittal and Dr. Shilpy Aggarwal welcomed the gathering, and explained the importance of democratic system and emphasized the value of every vote. Flagging off an awareness procession, a rally was also organized from R.K.S.D College in which district officers, 120 NSS volunteers and students carrying placards with slogans participated.





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3. A Seven-day NSS Camp was organized in Oddoa wali Gamdi, Kaithal from 20-26 March 2018. And Cleanliness drive was conducted by the volunteers.

NSS Volunteers during Cleanliness Drive in village Deohra in March 20-26, 2018





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(2018-19)

1. NSS units of the college observed ‘Swachhta Pakhwada’ launched by Ministry of Youth Affairs and Sports from 1 August 2018 to 15th August 2018. NSS volunteers cleaned the college campus, outside area of college, Indoor stadium, Bus stand Kaithal .

Nukkad Natak and Swachhta Rally during Swachhta Pakhwada from Aug 1 to Aug 15, 2018





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2. On 14th August 2018, An awareness rally has been organized in Village Dyohra for creating awareness about hygiene and cleanliness. 130 NSS volunteers participated in this rally.

Public Awareness Rally on Hygiene and Cleanliness on Aug 14, 2018

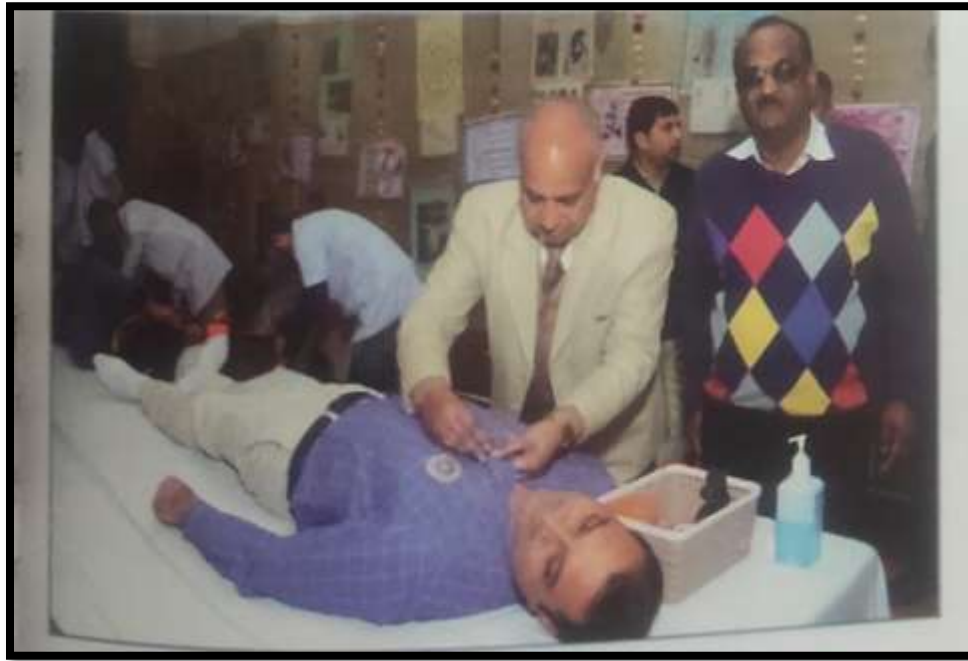


3. On 9 December, 2018, A Blood donation camp was organized in collaboration with HDFC Bank where 120 NSS volunteers donated blood.



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Volunteer Donating Blood during Blood Donation Camp on Dec 9, 2018



4. On 17, 18 and 19th January 2019, NSS volunteers in guidance of NSS programme officers contributed on screening process for District Youth Parliament (DYP), a sponsored programme of Ministry of Youth Affairs and Sports, Government of India. On 24th January 2019, *District Youth Parliament* was organized where 60 selected participants from Kaithal District presented their views on issues of National Importance. Our NSS volunteer Kalpana secured first position in DYP.

District Youth Parliament on Jan 17-19, 2019





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A participant addresses the District Youth Parliament in Kaithal.

Girls to represent Kaithal at youth parliament

KAITHAL: An all-girl team of students comprising Kalpana, Parul, Mansi, Purnima and Vaishali will represent Kaithal in the state youth parliament. The names were finalised during the District Youth Parliament held at RKSD (PG) College, Kaithal. Nearly 60 students from different colleges participated in the screening event on the topics of 'India sets global narratives on terrorism', 'Economic offenders', 'Climate change' and 'Khelo India- A Gateway for budding sports person'. It was sponsored by the Ministry of Youth Affairs and Sports and the Regional Centre, NSS, New Delhi.





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5. On 31 January 2019, a Blood donation camp was organized in collaboration with Life line club, Kaithal. 80 blood units were collected. **Blood Donation camp on January 31, 2019**



6. On 29 January 2019, an AIDS Awareness Rally and Extension Lecture was organized by NSS volunteers in collaboration with civil hospital, Kaithal. 140 NSS volunteers created awareness about this dangerous disease by making a human chain.

AIDS Awareness Program on Jan 29, 2019

एच.आई.वी. एड्स और युवाओं में मानसिकता संबंधी समस्याएं विषय पर सैमीनार आयोजित

कैथल, 5 अक्टूबर (महोदय/गौख): आर.के.एस.डी. कॉलेज के सैमीनार हॉल में एच.एस.एस. युनिट तथा रैड रिबन क्लब द्वारा 'एच.आई.वी. एड्स और युवाओं में मानसिकता संबंधी समस्याएं' विषय पर एक सैमीनार का आयोजन किया गया जिसमें मुख्य प्रवक्ता डा. राखी शर्मा जॉर्जस्टैट डॉक्टर, एड्स कंट्रोल सोसाइटी, पंचकुला एवं डा. विनय गुप्ता, इवैल्यूएशन अर्थात्सर मैटल हेल्प प्रोग्राम, सिविल अस्पताल कैथल रहे। प्राचार्य डा. अर.पी. गर्ग ने मुख्य प्रवक्ता का स्वागत किया। डा. विनय गुप्ता ने विद्यार्थियों को 'सोशल मीडिया का हमारे मानसिक व शारीरिक स्वास्थ्य पर पड़ने वाले दुष्प्रभावों के बारे में जागरूक किया। युवाओं में संबंधों के प्रति गंभीरता का व होना भी मानसिक तनाव को जन्म देता है। डा. राखी शर्मा ने विद्यार्थियों को एच.आई.वी. एड्स

सैमीनार में सम्बंधित कर रहे प्रवक्ता डा. अर.पी. गर्ग व संघ पर उपस्थित अधिकांश।। तथा वेसी छतरनाक बीमारी के कारणों व उससे बचने के उपायों के बारे में जागरूक किया। भारत में एच.आई.वी. एड्स के 21 लाख व हरिषाणा में 27998 केस हैं। जागरूकता के जरिए ही इस बीमारी से बचा जा सकता है। इसके लिए यह जरूरी है कि हर व्यक्ति को अपनी एच.आई.वी. जांच अवश्य करवानी चाहिए। सोनिया तथा प्रियंका युवा नौकिसिचित अस्पताल में आई-सी.टी.वी. सेंटर में एच.आई.वी. जांच केंद्र में नर्स है, वे भी विद्यार्थियों को संबोधित किया। इस कार्यक्रम का आयोजन डा. वीना सिंह प्रोनेक्ट डॉक्टर, पंचकुला के आदेशानुसार किश एएस। डा. गगन मित्तल एच.एस.एस. कार्यक्रम अधिकारी ने कार्यक्रम का सफ लक्ष्यपूर्वक संस्थालन किया व डॉक्टरों को टीम का धन्यवाद किया। इस अवसर पर डा. अमिल जियल, प्रो. विशाल अलनन्द, प्रो. पूजा मित्तल, प्रो. अमिल, प्रो. पूजा गोयल उपस्थित रहे।



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7. NSS units of the College organised a webcast of 'DRUG FREE INDIA' CAMPAIGN launch by Shri Shri Ravi Shankar at Guru Jambheshwer university, Hisar under the aegis of Art of Living on 19th February, 2019. Through this webcast, about 100 NSS volunteers of the college took pledge for Drug free India. Around 10000 education institutions become a part of this event. Prime Minister Narendra Modi also addressed the gathering through tele conferencing and encouraged the youth to make this campaign successful. Advocate Deepak Seth, Kamal kant Gandhi, NSS programme officer Dr. Bijender kumar, Prof. Pooja Mittal, Technical expert Mr. Balwan contributed for successfully organising the event. Dr. Anil Narula thanked the Art of living, local unit for organising this wonderful event. After the event NSS volunteers cleaned the college playground under its cleanliness drive.





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नशा मुक्त भारत अभियान के तहत कार्यक्रम में दिलाई शपथ

कैथल। श्री श्री रविशंकर द्वारा संचालित संस्था आर्ट ऑफ लिविंग द्वारा नशा मुक्त भारत अभियान के तहत आरकेएसडी कॉलेज में शपथ ग्रहण समारोह आयोजित किया गया। दीपक सेठ एडवोकेट ने बताया कि जंक्वेश्वर विश्वविद्यालय, हिसार में आयोजित कार्यक्रम का वेवकास्ट के माध्यम से जुड़कर कैथल में लगभग 100 राष्ट्रीय सेवा योजना के स्वयंसेवकों द्वारा नशा करेंगे न करने देंगे की पावन शपथ ग्रहण करना इस कार्यक्रम की प्रमुख विशेषता रही। कार्यक्रम में कमलकांत गांधी, डॉ.



नशा मुक्त भारत अभियान के तहत आयोजित कार्यक्रम में भाग लेते विद्यार्थी व अन्य।

अनिल नरुला, प्रो. विजेंद्र कुमार, प्रो. राष्ट्रीय सेवा योजना के स्वयंसेवकों ने पूजा गुप्ता, बलवान सैनी के साथ साथ नशे के खिलाफ शपथ ग्रहण की।



(2019-20)

1. NSS volunteers participated in **Swachh Bharat Summer Internship Program (SBSI 2.0)** launched by Ministry of Youth Affairs and Sports, GoI from 12 July to 25 July 2019 in village Kultaran. They conducted cleaning activities with the help of villagers and also awared them about waste management. Three teams of 22 volunteers participated in this district level program and won 1st and 2nd positions along with a cash prize of Rs. 50000.



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NSS Volunteers during SBSI 2.0 from July 12 - 25, 2019



NSS Volunteers during SBSI 2.0 from July 12 - 25, 2019





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2. On 22nd July 2019, an Awareness Rally was also organized to aware people about Plastic Free Environment. 50 volunteers participated in this rally. NSS volunteers also made wall paintings to aware people of villages.

SBSI (Plastic Free Environment) Rally and Wall Paintings in Villages on July 22, 2019



3. Under **Swachta Pakhwada Abhiyan** launched by Ministry of Youth Affairs and Sports, GoI from 1 August to 15 August 2019, an extensive and comprehensive cleanliness programme covering the cleanliness of the college campus, indoor stadium, outer area of the college, store room, college lawns, college canteen and parking areas was done. In this 50 NSS volunteers actively participated.

Swachhta Pakhwada from Aug 1-15, 2019



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Extension Activities of NSS

श्रमदान योजना के तहत आरकेएसडी कॉलेज में स्वयं सेवकों ने ग्राउंड किया साफ



कैथल | स्थानीय आरकेएसडी कॉलेज के खेल ग्राउंड में स्वच्छता अभियान चलाया गया। ये अभियान शिक्षा विभाग पंचकुला की सामाजिक प्रतिबद्धता को पूरा करने के लिए चलाई गई योजना श्रमदान के तहत करवाया गया। प्राचार्य डॉ. संजय गोयल ने स्वयं सेवकों को अपनी संस्था, समाज और राज्य के प्रति सामाजिक प्रतिबद्धता के प्रति आगाह किया। इस बात पर जोर दिया कि युवा पीढ़ी को अपने शैक्षिक दायित्वों से बाहर जाकर भी समाज के प्रति जिम्मेवारी का एहसास होना चाहिए। इसकी शुरुआत स्वच्छता अभियान से की जा सकती है। इस अवसर पर एनएसएस की तीनों इकाइयों के कार्यक्रम अधिकारी डॉ. एसपी वर्मा, प्रो. जयवीर धारीवाल प्रो. पूजा गुप्ता, दोनों एनसीसी अधिकारी डॉ. आरपी मोहन एवं प्रो. रघुवीर लाम्बा तथा शारीरिक शिक्षा विभाग के डॉ गुरदीप भोला प्रो. अनूप एवं प्रो. दीपिका उपस्थित रहे।

'अपने आसपास के क्षेत्र में सफाई रखने पर हम बीमारियों से कर सकते हैं बचाव'



स्वच्छता अभियान में भाग लेते विद्यार्थी। (लघुचित्र)

खेल ग्राउंड में चलाया सफाई अभियान

कैथल, 22 फरवरी (महोपास/गौरव): स्थानीय आरकेएसडी कॉलेज के खेल ग्राउंड में स्वच्छता अभियान चलाया गया। यह अभियान शिक्षा विभाग पंचकुला की सामाजिक प्रतिबद्धता को पूरा करने के लिए चलाई गई योजना श्रमदान के तहत करवाया गया। इस अवसर पर प्राचार्य डॉ. संजय गोयल ने उपस्थित सभी स्वयंसेवकों को अपनी संस्था, समाज और राज्य के प्रति सामाजिक प्रतिबद्धता के प्रति आगाह किया तथा इस बात पर जोर दिया कि युवा पीढ़ी को अपने शैक्षिक दायित्वों से बाहर जाकर भी समाज के प्रति जिम्मेवारी का एहसास होना चाहिए। इसकी शुरुआत स्वच्छता अभियान से की जा सकती है। इस अवसर पर एनएसएस की तीनों इकाइयों के कार्यक्रम अधिकारी डॉ. एसपी वर्मा, प्रो. जयवीर धारीवाल प्रो. पूजा गुप्ता, दोनों एनसीसी अधिकारी डॉ. आरपी मोहन एवं प्रो. रघुवीर लाम्बा तथा शारीरिक शिक्षा विभाग के डॉ गुरदीप भोला, प्रो अनूप एवं प्रो. दीपिका उपस्थित रहे। इन के नेतृत्व में खेल ग्राउंड में सफाई अभियान चलाया गया तथा अन्य उपस्थित छात्रों को स्वच्छता के प्रति जागरूक किया। कार्यक्रम के अंत में यह निर्णय भी लिया गया कि इसाह में एक दिन कॉलेज आंगण में सामाजिक प्रतिबद्धता को पूरा करने के लिए स्वच्छता अभियान चलाया जाएगा।

4. Fit India Movement was launched by Prime Minister of India on 29th August 2019. A live broadcast of the event was organized for students and faculty. A fit India Marathon was also organized by NSS in which more than 100 volunteers participated.

NSS volunteers, Principal and Staff during Fit India Marathon on Aug 29, 2019





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Extension Activities of NSS



5. Poster and Slogan Writing Competition and a public awareness rally on Water Conservation Program (Jal Shakti Abhiyan) launched by Jal Shakti Mantralya was organised on 14 September 2019. NSS volunteers awared people about value of water conservation and rain water harvesting through posters and slogans. 35 volunteers prepared posters and slogans. IAS officer Devender Singh, Delhi was the chief guest of the event.

Jal Sanrakshan Rally in Village Kultaran on Sept 14, 2019



Dr Sanjay Goyal speaks during a seminar in Kaithal.

Kaithal: A poster-making competition and declamation contest were organised under the 'Jal Bachao Abhiyan Scheme' by the three NSS units of RKSD College, Kaithal. Devendra Singh IES and Suresh Ravesh, CTM Kaithal, were the chief guests. Principal Dr Sanjay Goyal, NSS officers Dr SP Verma, Prof Jaibir Dhariwal and Prof Pooja Gupta welcomed the guests. About 70 students performed in the programme. In his welcome address, Principal Dr Sanjay Goyal spoke about the measures taken to save water in the college. Devendra Singh emphasised that the Centre has also taken up water-saving as an important goal.



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Extension Activities of NSS



6. A Run for Youth Marathon was organized by District Administration, Kaithal on 12 January 2020. Around 60 NSS volunteers participated in this marathon.

NSS Volunteers and Staff during Run for Youth Marathon on Jan 12, 2020



7. During Covid-19 lockdown NSS started multiple campaigns to educate, normalize and help different audience on social media platforms. Volunteers distributed food packets to the slum areas and also distributed masks and sanitizers. NSS promoted JANTA CURFEW through a VIRTUAL PLEDGE where nearly 50 volunteers turned up along with other students. Volunteers helped in sanitising the neighbouring areas, NSS volunteers distributed ration and food items to the needy people in nearby Areas. NSS volunteers registered as COVID-Veer portal of the Government & DGHE, Haryana and awared people about Aarogya Setu App.



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Extension Activities of NSS

Awareing people about COVID 19 through Poster Making, Stitched and distributed masks



8. N.S. S. volunteers of all the three units of R. K. S. D. College Kaithal are supporting the district administration to deal with the situation arising out of the corona pandemic. Under the leadership of Nodal Officer Jaibir Dhariwal, 15 students donated blood in Civil hospital on 26 April, 2020.

NSS Volunteers Donated Emergency Blood in Civil Hospital on 2 April 2020



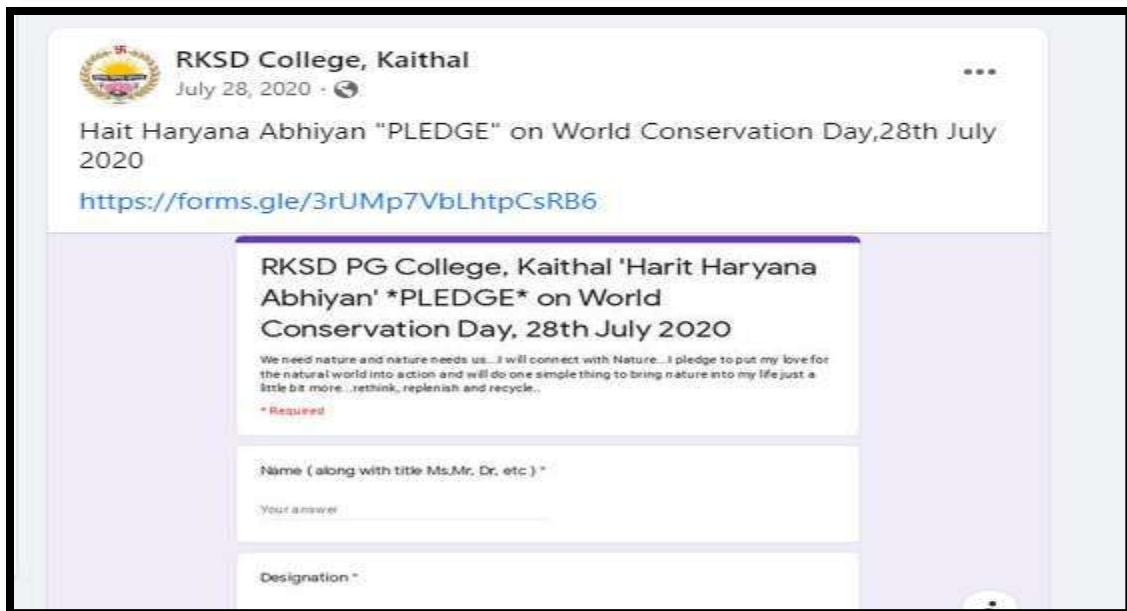


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Extension Activities of NSS

2020-21

1. NSS units actively participated in Haryana Government’s “Harit Haryana Abhiyan and Unnat Haryana Abhiyan” launched in July, 2020 to promote an oxygen rich environment by planting trees in every nook and corner of the village, district and part of the State. NSS volunteers planted trees in their surrounded areas and posted pics on government launched Geo tagging app on 10th August 2020 launched by DGHE, Haryana, Harit Haryana Abhiyaan. In this 120 NSS Volunteers actively Participated.

Tree Plantation Drive during Harit Haryana Abhiyaan on Aug 10, 2020





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Extension Activities of NSS

- An extension lecture and awareness rally on Road Safety Awareness was organized on 17th January 2021 to observe road safety month started by Indian Government launched by Ministry of Youth Affairs and Sports. Road Safety Manager Rajveer Shoekand, Ashok Leyland driving Institute was the key speaker who told students about road safety measures and various road signs. In this rally 80 NSS volunteers participated actively.

Road Safety Rally on Jan 17, 2021





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Extension Activities of NSS

3. A Covid Vaccination Awareness lecture was delivered by Dr Jitender Gill for the volunteers on 18th January 2021 in collaboration with Civil Hospital. Dr. Gill told volunteers that the vaccine is completely safe and it is our duty as a responsible citizen to get ourselves vaccinated to help country fight this pandemic. And vaccination awareness rally was also organized in village Shergarh in association with Civil Hospital.

Dr Jitender Gill Addressing NSS Volunteers in Village Shergarh on 18th January 2021



Vaccine Awareness Rally in Village Shergarh on January 18, 2021





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Vaccine Awareness Rally in Village Shergarh on January 18, 2021



कोरोना वायरस के बारे में विद्यार्थियों को दी जानकारी

विद्यार्थियों को संबोधित करते अध्यापक।

कैथल, 13 मार्च (एकेएस/सीएस) : आर.के.एस.डी. कॉलेज की वीनो इकाइयों द्वारा गांव शेरगढ़ में एक 7 दिवसीय एन.एस.एस. कैम्प का शुभारंभ किया। इस कैम्प का मुख्य विषय स्वस्थ युवा स्वस्थ भारत रखा गया। प्राचार्य डॉ. संजय गोकल ने कैम्प का शुभारंभ करते हुए वीनो इकाइयों के प्रधानों डॉ. परमवी, जसदी, प्रो. जयबीर धारोवाल और प्रो. तुषार गुप्ता को बधाई देते हुए कैम्प में भाग लेने वाले करीबन 160 विद्यार्थियों को संबोधित किया। अपने संबोधन में प्राचार्य ने विद्यार्थियों को महामारी घोषित हुई बीमारी कोरोना वायरस के बारे में बताया और विद्यार्थियों को इससे सम्बन्धित उचित बचाव कार्य करने के लिए कहा। राज्य सरकार के आदेशानुसार कैम्प के सभी विद्यार्थी एक साथ एक बस में इकट्ठा हुए बिना अपने अपने वाले कैम्प के दिनों में अपने आस-पास के इलाकों में सभी लोगों को इस वायरस से बचने के लिए सावधान बचने का कार्य करने के लिए प्रेरित करती और कैम्प के विषय में अनुभव सभी को स्वस्थ रहने के लिए जागरूक करती। इस अवसर पर डॉ. आरिफत मन्सूर ने भी विद्यार्थियों को अपने आस पास के इलाकों को साफ रखने के लिए प्रेरित किया।

9-2 Pk-14-3-2020

कोरोना वायरस से बचाव की जानकारी दी

कैथल। आर.के.एस.डी. कॉलेज की वीनो इकाइयों द्वारा गांव शेरगढ़ में सात दिवसीय एन.एस.एस. कैम्प का शुभारंभ किया गया। इस कैम्प का मुख्य विषय स्वस्थ युवा स्वस्थ भारत रखा गया। प्राचार्य डॉ. संजय गोकल ने कैम्प का शुभारंभ करते हुए वीनो इकाइयों के प्रधानों डॉ. परमवी, प्रो. जयबीर धारोवाल और प्रो. तुषार गुप्ता को बधाई देते हुए कैम्प में भाग लेने वाले करीबन 160 विद्यार्थियों को संबोधित किया। प्राचार्य ने विद्यार्थियों को महामारी घोषित हुई बीमारी कोरोना वायरस के बारे में बताया और विद्यार्थियों को इससे सम्बन्धित उचित बचाव कार्य करने के लिए कहा।



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Extension Activities of NSS

4. 80 NSS Volunteers along with program officers Ms. Pooja Mittal and Dr. Jaibir visited old age home in Kaithal on 30 Jan 2021 under the guidance of SNO, NSS Haryana and spent some time there with old people. They also distributed some fruits and sweets there.

NSS Volunteers visiting Old Age Home on 30 Jan 2021



5. A Blood Donation Camp in collaboration with Civil hospital was organised in the college Main Hall on 9th February 2021 whereby more than 150 units were collected. NSS volunteers, students and faculty members donated blood to be a part of this noble cause.





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Extension Activities of NSS



**एक दिवसीय रक्तदान शिविर में
150 यूनिट रक्त एकत्रित**
सवाद न्यूज एजेंसी DT 10-2-21

केथल। आरकेएसडी कॉलेज की एनएसएस इकाईयों द्वारा एक दिवसीय रक्तदान शिविर का आयोजन किया गया। जिसमें एसडीसी सतवीर सिंह कुंडू बतौर मुख्यातिथि रहे। उन्होंने रक्तदान शिविर का शुभारंभ किया। इसके बाद रक्तदाताओं को बैज लगाकर प्रोत्साहित किया। उन्होंने कहा कि प्रकृति में मनुष्य के रक्त का कोई विकल्प नहीं है तथा विज्ञान द्वारा भी अभी तक इसका कोई विकल्प नहीं ढूंढा जा सका है। इशिविर में लगभग 70 से अधिक विद्यार्थियों व टीचर्स ने भाग लिया। जिसमें 150 यूनिट रक्तदान किया गया। इस मौके पर आरकेएसडी प्रबंध समिति के प्रधान साकेत मंगल, प्रिंसिपल संजय गोयल, एसपी वर्मा, जयबीर धारीवाल, पूजा गुप्ता, कार्यकारी

रक्तदाताओं को बैज लगाते एसडीसी सतवीर कुंडू व साथ मौजूद प्रबंधक समिति के पदाधिकारी। सवाद

अधिकारियों प्रोफेसर जयवीर धारीवाल, प्रोफेसर पूजा गुप्ता और डॉ एसपी वर्मा मौजूद रहे।

4. A COVID vaccination camp was organized by NSS units in cooperation with Civil hospital, Kaithal on 13th April 2021 in the college Main Hall. This camp was open for all people above 45 years age. About 100 people were vaccinated in this camp.



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Extension Activities of NSS
COVID Vaccination Camp on April 13, 2021



(2021-22)

1. The NSS units of the college in collaboration with NCC Units of the college organised a FIT INDIA FREEDOM RUN launched by Ministry of Youth Affairs and Sports from the college main gate to the secretariat, Kaithal followed by a seminar on “Mental health and coping with stress” on August 28, 2021 . Around 200 participated of which 50 were NSS volunteers. The main focus was to make the students aware regarding the proper and disciplined diet which in turn leads to the development of their health. The event was organised by Dr Jaibir Dhariwal.



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Extension Activities of NSS

Fit India Freedom Run on August 28, 2021



2. A Vaccination camp with the help of District Administration was organised in the college campus on 27 Oct 2021. The whole purpose was to make them immune to the covid disease so that they may not appear harmful to others in society. A total of 80 volunteers participated in the Camp which was inaugurated by Principal Dr Sanjay Goyal and convened by Dr Jaibir, Dr S P Verma and Dr S P Verma.

COVID Vaccination Camp on 27 Oct 2021



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Extension Activities of NSS



3. PO & volunteers distributed masks, sanitizers and plant saplings to the nearby surrounding areas of the college in their help to spread awareness regarding the following of Covid norms on Nov 12, 2021. Around 45 volunteers participated in the programme which was organised jointly by Dr Jaibir, Dr S P Verma and Dr Shweta.



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Extension Activities of NSS

NSS Volunteers and POs Planting Sapling on Nov 12, 2021



Mask Distribution to Public on Nov 12, 2021



4. NSS volunteers of the college created videos of reading the preamble of the constitution in their effort to educate the society regarding the eradication of untouchability in terms of caste, creed and colour and also making aware of their fundamental rights and duties towards the society on Nov 26, 2021. Videos and photos were shared through the social media pages of the college. Volunteers also conducted cleanliness drive at home and in the nearby surroundings. About 70 volunteers participated in the event which was organised by Dr Jaibir Dhariwal.

Extension Lecture on Constitution on 26 Nov 2021



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Extension Activities of NSS



Cleanliness Drive on Constitution Day on Nov 26, 2021



5. A Vaccination Camp was organised in the college campus on 23rd December 2021. A total of 80 volunteers participated in the successful organisation of the camp which was organised with the joint efforts of the civil hospital, Kaithal. Dr Jaibir and Dr S P Verma took care of the proceedings.



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Extension Activities of NSS

COVID Vaccination Camp on Dec 23, 2021



6. A blood donation camp was conducted on the Feb 14, 2022 in collaboration with Blood Bank Vishv Hindu Parishad, Kaithal. where 212 units of blood including blood donations from 30 NSS volunteers were collected. Sh Ravindra Sangwan, DSP Kaithal and Dr Anil HCS, Tehsildar Kaithal were the chief guests.

NSS Volunteers Donating Blood in Blood Donation Camp on Feb 14, 2022





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Extension Activities of NSS



7. Poster Making, Tree plantation and environment awareness program was organized by NSS on World Environment Day on June 5, 2022 under the guidance of SNO. In inaugural program, college Principal Dr. Sanjay Goyal addressed the students and encouraged them for environment conservation, NSS Program Officer Dr. Jaibir Dhariwal, Dr. S.P. Verma & Dr. Shweta Garg played a special role. About 50 students of NSS and NCC volunteers participated in this program.

Poster Making Competition and Tree Plantation Program by NSS and NCC Units on World Environment Day, June 5, 2022





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Extension Activities of NSS



8. On June 25, 2022 International Yoga day was celebrated by NSS under the guidance of DG, SNO NSS. Yoga camp was organized by the college, about 150 volunteers participated in the camp.

Yoga Camp on International Yoga Day by NCC and NSS Units on June 25, 2022





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Extension Activities of NSS





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Extension Activities of NCC

(2018-19)

1. On 22 June 2018 ‘Traffic Rule Awareness Rally’ launched by 10 Haryana BN NCC was organized to make the public aware of traffic rules. Total 60 NCC cadets participated in it.



Cadets and NCC officers during Traffic Awareness Rally on June 22, 2018

(2019-20)

2. Fit India Movement was launched on 29th August 2019 by Honourable Prime Minister with a view to make fitness an integral part of our daily lives. The mission of the Movement is to bring about behavioral changes and move towards a more physically active lifestyle. FIT INDIA MOVEMENT Campaign and Awareness Rally was organized by RKSD PG College Kaithal on 29.08.2019 in which 80 NCC Cadets participated. Both NCC officer Capt. R.P. Moun and Raghbir Singh motivate and Aware the NCC cadets on importance of Health.

Fit India Marathon on August 29, 2019





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Extension Activities of NCC



3. The Government of India has launched Clean India Mission (Swachh Bharat Abhiyan) – a campaign to make India clean. The campaign aims to achieve the vision of a ‘Clean India’ by 2 October 2019. On the above said programme the NCC of RKSD PG College Kaithal Organized an awareness rally and started cleanness drive on 02.10.2019 in the college campus and nearby areas. 65 Cadets and both NCC officer Capt.R.P.Moun and Raghbir Sigh participated in Swachh Bharat Abhiyan campaign.

Public Awareness Rally on Swachh Bharat Abhiyan on Oct 2, 2019





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Extension Activities of NCC



4. Run for Youth Marathon was organized by District Administration on 12 January 2020. Around 50 volunteers participated in this marathon.

(Volunteers with Principal and Staff during Run for Youth Marathon on Jan 12, 2020)





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Extension Activities of NCC

(2020-21)

1. NCC cadets of R.K.S.D. (PG) College, Kaithal participated in Swachhta Pakhwada Programme launched by Hon'ble Prime Minister to engage the all department in actively focusing and participating in cleanliness activities for 15 days from Dec 1 to Dec 15, 2020 in which cadets clean their homes and College campus and also motivate people for importance of cleanliness. Total 150 cadets and two NCC officer Capt.R.P.Moun and Lt.Raghbir Singh participated in it.

Tele: 01744-238092 E-mail: co10harbn-amb@nccindia.nic.in	10 Haryana Bn NCC E-32- University Campus, Kurukshetra University, Kurukshetra-136119
No. 126/Estt/	Dec 2020
Principal All SD/SW & JD/JW Sub-units	

CONDUCT OF 'SWACHHTA PAKHWADA'
FROM 01 DEC TO 15 DEC 2020

- 'Swachhta Pakhwada' is an Initiative of the Hon'ble Prime Minister to engage all the Union Ministries and Departments in actively focusing and participating in cleanliness activities for 15 days to attain the goals of the 'Swachh Bharat Mission'. The ministry of Defence has been allocated the period from **01st – 15 Dec 2020** for carrying out activities related to 'Swachhta Pakhwada'.
- Various innovative swachhta activities (date-wise) are to be undertaken by your institution. After 15th Dec 2020, a detailed report (Date-wise) along with the photographs and videos in respect of activities carried out in respect of 'Swachhta Pakhwada' may be uploaded on '**Swachhta Samiksha Portal**' of Swachh Bharat Mission i.e. <https://swachhbharatmission.gov.in/SwachhSamiksha/home.aspx>. The user-Id for uploading the same is **deo123** and password is ***deo89@321**. Consolidated guidelines in this regard is annexed.
- It is also requested to nominate a Nodal Officer from your org and share his/her name, designation and contact number with department of Drinking Water & Sanitation as well as this office. A detailed report (date-wise) may also be sent to Director (SBM), Ministry of Drinking Water & Sanitation directly under intimation to this office.
- It is requested that personal attention for the above initiative be given to ensure the 'Swachhta Pakhwada' a big success.
- The date wise 'Swachhta Pakhwada Plan' for NCC is also enclosed as Appendix – 'B'.
- A daily feedback on the activities as per **format along with minimum two annotated photos through email** is to be forwarded to this unit by **0930 hrs** of previous day activity. Format of date-wise feedback for 'Swachhta Pakhwada' is as under:-

SI No.	Unit	Theme/ Prog	Activities	Strength			Local Population
				Cdts	PI Staff	ANO	

Lt. Col.
Adm. Officer,
10, Har. Bn. NCC,
KURUKSHETRA.



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Extension Activities of NCC

NCC Cadets during Swachhta Pakhwada from Dec 1to Dec 15, 2020)



(2021-22)

1. NCC unit of College organized ‘Fit India Freedom Run 2.0’ launched by Prime Minister in commemoration of India 75 years of Independence as ‘Azadi Ka Amrit Mahotsav’. Around 150 NCC Cadets ANOs Capt.R.P.Moun and Lt.Raghubir Singh participated on above program on 28 August 2021.

Fit India Marathon on Aug 28, 2021





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Extension Activities of NCC



- NCC unit of college organized a 'Statue Clean Drive' on the occasion of Vijay Diwas 16 Dec 2021 launched by DG NCC on Occasion of 50th Vijay Diwas In above event 152 NCC Cadets and ANOs Capt.R.P.Moun and Lt.Ragbhir Singh participated.



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Extension Activities of NCC

Statue Clean Drive on Dec 16, 2021

एनसीसी कैडेट्स ने शहीदों की प्रतिमाओं की सफाई की



विजय दिवस मनाते हुए आरकेएसडी कॉलेज के एनसीसी कैडेट्स। संवाद

कैथल। आरकेएसडी महाविद्यालय की एनसीसी कैडेट द्वारा विजय दिवस को सद्भावना दिवस के रूप में मनाया गया। 16 दिसंबर 1971 को बांग्लादेश के मुद्दे पर पाकिस्तान की सेना ने आत्मसमर्पण किया था। इसके उपलक्ष्य में एक रैली निकाली गई। जो शहर के मुख्य चौराहों से गुजरी।

इसको प्राचार्य डॉ. संजय गोयल ने झंडी दिखाकर रवाना किया। एनसीसी अधिकारियों कैप्टन डॉ. आरपी मीन एवं

लेफ्टिनेंट प्रो. रघुवीर लांबा के नेतृत्व में 150 कैडेट्स ने इस रैली में भाग लिया। सभी कैडेट्स ने शहीदों की प्रतिमाओं की सफाई की। शहीद भगत सिंह, शहीद मदन लाल धींगड़ा एवं शहीद विकास भारद्वाज की मूर्तियों की सफाई के पश्चात यह रैली कॉलेज प्रांगण में समाप्त हुई। प्रबंधन समिति के प्रधान साकेत मंगल एडवोकेट एवं अन्य सम्मानित पदाधिकारियों ने इस प्रयास की सराहना की। संवाद

Amar Ujala 17-12-21





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Extension Activities of NCC

(2022-23)

1. Poster Making, Tree plantation and environment awareness program was organized by NCC on World Environment Day on June 5, 2022 under the guidance of DG, NCC Haryana. In inaugural program, college Principal Dr. Sanjay Goyal addressed the students and encouraged them for environment conservation, NCC Officer R. P. Maun, Dr. Raghbir Lamba, NSS Program Officer Dr. Jaibir Dhariwal, Dr. S.P. Verma & Dr. Shweta Garg played a special role. About 90 students of NSS NCC volunteers participated in this program.

Poster Making Competition and Tree Plantation Program by NCC Units on World Environment Day, June 5, 2022





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Extension Activities of NCC



2. On June 25, 2022 International Yoga day was celebrated by the NCC under the guidance of DG, NCC Haryana. Yoga camp was organized by the college, about 100 volunteers participated in the camp.

Yoga Camp on International Yoga Day by NCC and NSS Units on June 25, 2022





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Extension Activities of NCC



3. NCC unit of the college launched 'Har Ghar Tiranga' Abhiyaan under the aegis of DG NCC, Haryana to motivate public about the importance of our National Flag and to celebrate Azadi ak Amrit Mahotsav on Aug 13, 2022. Around 50 NCC voluntters participated in it.

'Har Ghar Tiranga Abhiyaan' by NCC Units on Aug 13, 2022





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Extension Activities of Women Cell

2018-19

- On 8th March 2019 an International Women’s Day was celebrated with a Road Marathon under the leadership of Dr. Priyanka Soni, Deputy Commissioner Kaithal in which 500 students participated to propagate the message of sanitation and hygiene for girls’ health during menstruation. On this day an extension lecture on Health Issues of girls was delivered by Dr. Raj Rani Garg.

Road Marathon on March 8, 2019





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Extension Activities of Women Cell

2019-20

- A Run for Youth Marathon was organized by District Administration, Kaithal on 12 January 2020. Around 70 students participated in this marathon.

Run for Youth Marathon on 12 January 2020



- To propagate the message of ‘Cast your Precious Vote’, Women Cell of the College organised a **Mat- Dandia Mahotsav** as per the instruction of District Election Office Kaithal on 4th Sep., 2019 in Rama Krishna Hall. Around 500 girl students along with their teachers participated in ‘Vote Dandia’ with great enthusiasm and justified the theme of the event. Dr. Luxmi Mor, Dr Geeta Goyal, Prof. Rachana Sardana. Prof Puja Mittal and Dr. Versha Maun acted as judges. Arti and Rimpi, students of M.A English final year got first position. Dr. Suruchi Sharma administered the oath of ‘casting vote’ to the gathering. Dr. Manjula Goel, Convener Women cell delivered the welcome- speech and gave information about the various activities of the Women Cell. The chief guest Advocate Sh. Saket Mangal, President Governing Body and Sh. Shayam Bansal, Treasurer and the Principal Dr. Sanjay Goyal gave away the prizes to the prize winners. The event was telecasted live on Facebook of the college by Dr. Vikas Bharadwaj.



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Mat- Dandia Mahotsav on 4th Sept 2019



- As directed by District Election Office, Kaithal, on 13th Jan, 2020, Women Cell organised multiple intra-college district level competitions on National Voter Day. This included 'On-the-Spot Essay Writing Competition', 'Declamation Contest' and 'Rangoli Competition' on the theme 'Indian Elections are Democratic Festival'. Selected students participated at District Level Competition on 15th Jan, 2020. On 15th Jan, 2020, Women Cell hosted a number of competitions at District level in the college. In 'Rangoli Competition' Priya (B.Com. Final), R.K.S.D. (P.G.) College Kaithal bagged Ist position. In 'On-the-Spot Essay Writing Competition', Purnima M.Com. Previous, R.K.S.D.(P.G.) College got Ist position and in 'Declamation Contest' Purnima M.Com. Previous bagged Ist position. Dr. Laxmi Mor and Dr. Geeta Goyal from R.K.S.D.(P.G.) College and two



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Asstt. Professors from I.G.M.M.V. Kaithal acted as judges. Sh. Shamsher Singh, Chairman, District Election Office attended the event.



- On International Women’s Day (8th March,2020), In the context of **Poshan Abhiyan** (PM’S Overarching Scheme for Holistic Nourishment) Women Cell of the College participated in **Pinkathons** to celebrate International Women’s Day 2020 as per the instruction of District Administration. Many other competitions like declamation and poetical recitation were also organized on the day. Around 150 girl students in pink attire along with the principal, Dr. Sanjay Goyal, Dr. Manjula Goel, Prof. Rachana Sardana, Prof. Pooja Gupta participated in this drive. On this occasion. Dr. Manjula Goel,convener Women Cell was honoured by the



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administration of Kaithal District under the aegis of Ministry of Women and Child Development.

Pinkathons to celebrate International Women's Day on March 8, 2020





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Extension Activities of Women Cell

2020-21

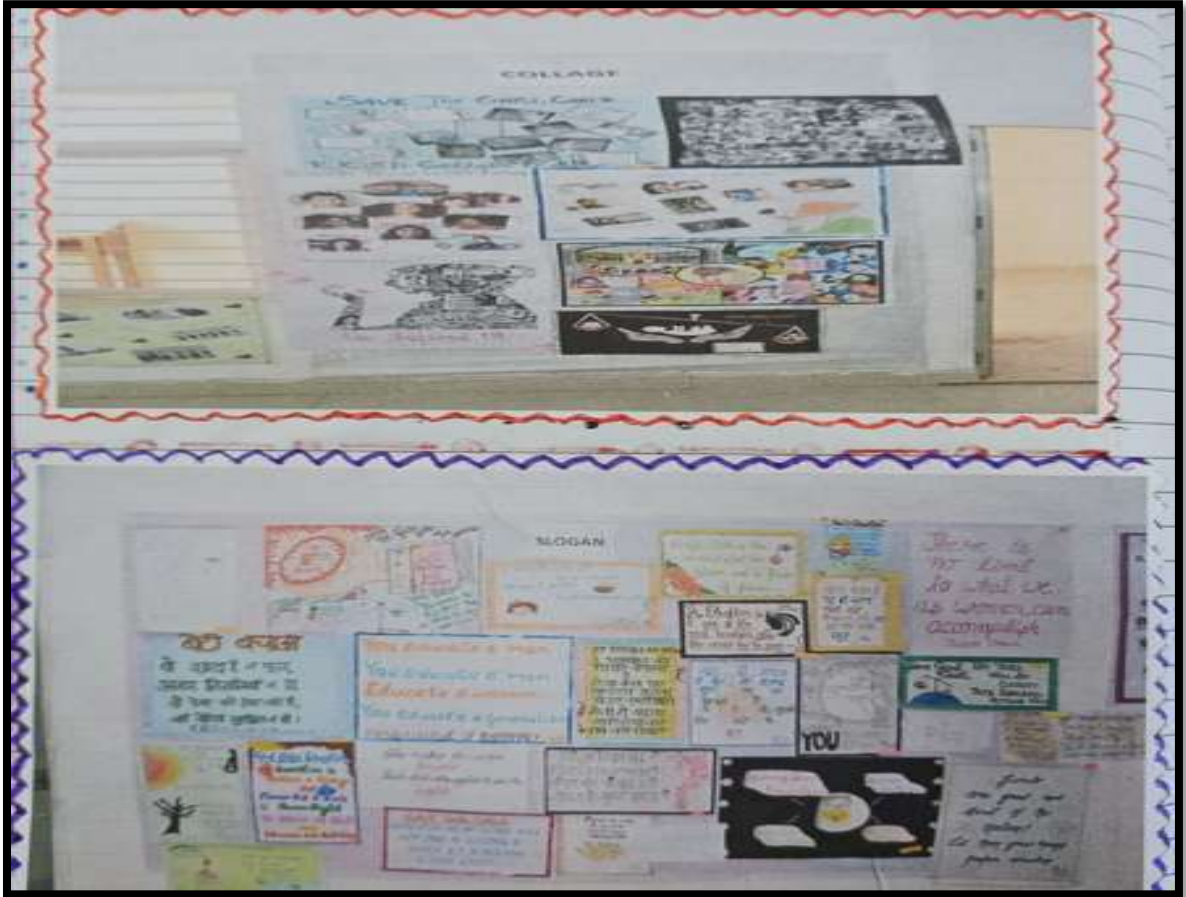
- Three Days (19-21 October, 2020) **Virtual Workshop “PAVITRA” on Personal Health and Hygiene** was being organized by the Women Cell in collaboration with ‘The Art of Living Foundation’. Ms Sonal Anand who is a Certified Yoga instructor from ‘Ministry of Ayush’ and art of living Teacher, was the coach instructor of the workshop. 160 girls of the college participated in the workshop.





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Extension Activities of Women Cell

- To commemorate **Girl Child Week** various competitions like **Poster Making, Collage Making and Slogan Writing** were organized on 28th of January, in which 80 students of the entire sister institutions (**Pharmacy College, B Ed college and P G College & Evening College** participated).





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Extension Activities of Women Cell

- Women cell organized National Level On line Competitions on June 10 in which 200 Participants from different states viz. Haryana, Punjab, Himachal Pradesh, Tamilnadu, Uttar Pradesh and Rajasthan took participation. The competitions were:

DIY Planter based upon the waste material,

Cartooning on the topic of Vaccination Drive on Covid-19 and

Cooking without Fire based on healthy food ideas. The objectives of the above events was to inculcate gardening habits among students sensitizing them towards the mother earth and creating awareness about the about the vaccination drive to prevent covid-19 creating healthy food habits among students hands boosting up their immunity. The event was convened by Prof. Rachana Sardana and coordinated by Dr Geeta Goyal and Dr Suruchi Sharma, the Organising Secretary of the event was Dr Manjula Goyal and Prof. Richa Langyan. Key role was played by Prof. Manika Gupta, Prof. Nitika Gaba and Prof. Mukesh Garg for the successful organization of these competitions.

First position in **DIY Planter** was grabbed by Jyoti from Sirsa, Second Position by Anamika from RKSD College Kaithal and third by Kamna from Chachrauli.




In **Cartooning** first position was grabbed by Sapna from Kurukshetra University Kurukshetra and Saloni from RKSD College Kaithal, third Palak from DAV College Ballabgar.

In **Cooking without Fire** first position was secured by Mansha Faridabad, Second position Sakshi from Punjab and Third position Kabir from Ambala and Purnima from RKSD College Kaithal.

R.K.S.D.(PG) College, Kaithal (Haryana)

RESULTS OF NATIONAL LEVEL COMPETITIONS

ORGANISED BY
WOMEN CELL

POSITION	DIY PLANTER	CARTOONING	COOKING WITHOUT FIRE
	JYOTI GOVERNMENT COLLEGE, SIRSA	SAPNA GARG KURUKSHETRA UNIVERSITY, KURUKSHETRA	MANSHA K L Mehta Dayanand College FARIDABAD
	ANAMIKA R.K.S.D. (PG) COLLEGE KAITHAL	SALONI R.K.S.D. (PG) COLLEGE KAITHAL	SAKSHI KRM DAV College, Nakodar PUNJAB
	KAMNA GOVERNMENT COLLEGE CHHACHRAULI	PALAK GEMINI DAV CENTENARY COLLEGE, BALLABGARH	KABIR S.A. JAIN COLLEGE AMBALA CITY PURNIMA R.K.S.D. (PG) College KAITHAL

Ms. Rachana Sardana
(Convener)

Dr Geeta Goyal
(Co-ordinator)

Dr Manjula Goel
(Organising Secretary)

Dr. S.K. Goyal
(Principal)

Dr Suruchi Sharma
(Co-ordinator)

Ms Richa Langyan
(Organising Secretary)

Ms Manika Gupta
(Member)

Ms Nitika Gaba
(Member)



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Extension Activities of Women Cell

- A one day National Level Virtual Workshop was organized to celebrate International Yoga Day on 21st of June in which almost 160 participants got registered. The resource person of the workshop was Ms Sonal Anand who is Certified Yoga Trainer of Level 3 from the Ministry of Ayush. She took up the warm up session with various Yoga Asanas and Pranayams. Prof Rachana Sardana was the Convener and Dr. Suruchi Sharma was the Co-convener of this workshop.

RKSD PG College, Kaithal (Haryana)
Affiliated to Kurukshetra University

celebrates

International Day of Yoga

Ms. Sonal Anand
YCB Level 3 Yoga
Teacher & Evaluator
(Certified by Ministry
of Ayush, Govt of
India)

Join Us!
For Registration
<https://forms.gle/AcQ7lEYq7OX'PKKs>
For Information, Telegram group
https://t.me/joinchat/DbD-Xvc_XowM2M1
For Zoom Meeting
<https://us02web.zoom.us/j/855756403E?pwd=dlRzWWhlNTNlUjVUTjJhNWcPMm1MUT09>

Looking forward to your participation

Prof. Rachana Sardana, Convener
Dr. Suruchi Sharma, Co-Convener
Dr. S.K.Goyal, Principal
Organising Committee
Dr. Geeta Goyal, Dr. Manjira Goyal, Ms. Richa Langyan
Ms. Manika Goyal, Ms. MUKA Gaba.

June 21, 2021
Time: 5.00 - 6.00 pm

- * Reserve your seat on First-cum-first-serve basis
- * Free Entry
- * Registration is compulsory
- * E-Certificate will be given to all the participants

WOMEN CELL
ORGANISES
ONE DAY ONLINE NATIONAL WORKSHOP
ON
**YOGA FOR
HEALTHY LIFE**



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Extension Activities of Women Cell

2021-22

- On 19th of May 2022 an outreach activity was conducted in collaboration with Literary Committee of the college and Sarpanch and villagers of Deewal and Batta. In this with the help of the students of M.A. English a ‘Nukkad Natak’ was prepared on the theme of ‘Girl Education’. This Nukkad Natak was showcased in two villages namely ‘Bata’ and ‘Deewal’. In it 20 students participated actively.

Nukkad Natak in Deewal Village on May 19, 2022





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Nukkad Natak in Bata Village on May 19, 2022



जैडर संवेदनशीलता के प्रति जागरूकता पैदा करने के लिए नुककड़ नाटक का मंचन

■ शिक्षा का अधिकार शीर्षक द्वारा विद्यार्थियों ने लिंग भेद जैसी समस्या के विरुद्ध समाज में जागरूकता लाने का किया प्रयास

के बल/कलायत, 19 मई (महीपाल, गीरब, कुलदोष): आर.के.एस.डी. (पी.जी.) कैम्पल की साहित्यिक परिषद एवं महिला प्रकोष्ठ के द्वारा जैडर संवेदनशीलता के प्रति जागरूकता पैदा करने के लिए गाँव दिवाल एवं बात्ता में नुककड़ नाटक का मंचन किया। शिक्षा का अधिकार शीर्षक द्वारा



नुककड़ नाटक के बाद सामूहिक चित्र में विद्यार्थी, पवाधिकारी व ग्रामीण।

नाटक का आनंद लिया एवं इसकी सराहना की। फीडबैक फार्म में इन्होंने अपनी भावनाओं का इजहार किया। गाँव बात्ता के पंचायत भवन में

लडकियों एवं शादीशुदा महिलाओं को भी इस कहानक पर आधारित था।

इसका संयोजन डा. गीता गोयल एवं प्रो. रचना सरदाना ने किया।

बनाने में अन्य सदस्यों डा. विनय, डा. सुरुची शर्मा, डा. एस.पी. वर्मा, प्रो. पूजा, प्रो. शुभम एवं प्रो. निखार ने महत्वपूर्ण भूमिका निभाई। इस नाटक में छात्रा गीटा ने सूत्रधार

गांव दीवाल और बात्ता में नुक्कड़ नाटक का मंचन

संवाद न्यूज एजेंसी

कैथल। आरकेएसडी कॉलेज की साहित्यिक परिषद एवं महिला प्रकोष्ठ की ओर से गांव दीवाल व बात्ता में नुक्कड़ नाटक का मंचन किया गया। शिक्षा का अधिकार विषय पर हुए इस कार्यक्रम में एमए अंग्रेजी के विद्यार्थियों ने समाज में लिंग भेद के खिलाफ जागरूकता लाने का प्रयास किया।

दीवाल गांव में महिलाओं और स्कूल के विद्यार्थियों ने नुक्कड़ नाटक का आनंद लिया एवं इसकी सराहना की। गांव बात्ता के पंचायत भवन में स्वास्थ्य विभाग के कर्मचारियों, स्कूल के विद्यार्थियों ने नुक्कड़ नाटक को



लांग्यान रहीं। कार्यक्रम के अंत में सभी ग्रामीणों का धन्यवाद किया गया। इससे पहले प्राचार्य डॉ. संजय गोयल ने हरी झंडी दिखाकर इस दल को रवाना किया। कार्यक्रम को सफल बनाने में डॉ. विनय, सुरुचि शर्मा, एसपी वर्मा, प्रो. पूजा, शुभम व प्रो. निखार ने महत्वपूर्ण भूमिका निभाई। इस नाटक में छात्रा रीटा ने

लिंगानुपात संवेदनशीलता पर किया नुक्कड़ नाटक का मंचन

जागरण संवर्धना कैथल : आरकेएसडी कॉलेज की साहित्यिक परिषद एवं महिला प्रकोष्ठ की तरफ से लिंगानुपात संवेदनशीलता के प्रति जागरूकता पैदा करने के लिए गांव दीवाल एवं बात्ता में नुक्कड़ नाटक का मंचन किया। शिक्षा का अधिकार विषय पर एमए अंग्रेजी के विद्यार्थियों ने समाज में लिंग भेद जैसे समस्या के विरुद्ध समाज में जागरूकता लाने का प्रयास किया। दीवाल गांव में महिलाओं एवं स्कूल के विद्यार्थियों ने इस नुक्कड़ नाटक का आनंद लिया एवं इसकी सराहना की।



कैथल के गांव दीवाल में लिंगानुपात संवेदनशीलता के प्रति जागरूकता को लेकर आयोजित नाटक में प्रस्तुति देने वाले आरकेएसडी कॉलेज के विद्यार्थी। • छात्रा रीटा

इस नाटक शिक्षा अधिकार सब को प्राप्त हो, विशेष रूप से लड़कियों एवं शारीरमय महिलाओं को भी इस कथानक पर आधारित था। इसका

के अंत में सभी ग्रामीणों का धन्यवाद प्रस्ताव भी पेश किया।

इससे पहले प्राचार्य डा. संजय

प्रो. निखार ने महत्वपूर्ण भूमिका निभाई। इस नाटक में छात्रा रीटा ने सूत्रधार की भूमिका निभाई। मुख्य भूमिका ऋचू,



रितायंस सुपर स्टोर का दौरा करते आरकेएसडी कॉलेज के विद्यार्थी। • वैजयंती

विद्यार्थियों ने रितायंस सुपर स्टोर का किया दौरा

कॉलेज के बेचलर आठ बिजनेस एडमिनिस्ट्रेशन के विद्यार्थियों ने रितायंस सुपर स्टोर का दौरा किया। इस दौरे का उद्देश्य विद्यार्थियों को रिटेलिंग मार्केटिंग के व्यावहारिकता

दी। उन्होंने स्टोर लेआउट की जानकारी देते हुए बताया कि अलग अलग सेगमेंट में स्टोर को डिवाइड किया गया है। इस दौरे का नेतृत्व प्रो. राजेश गर्ग, डा. शशि माता ने किया



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Extension Activity of Red Cross Society

- 5 volunteers along with programme officer Prof. Pooja Mittal participated in 5 day district level redcross training camp from 6 January to 10 January 2020. First aid training was provided to teachers and students. Students participated in various activities like debate, declamation and cultural activities. Our volunteer Kamna was adjudged best volunteer among 60 volunteers from different colleges of district.

District Level Red Cross Training Camp on Jan 6-10, 2020



वर्कशाप में दी एड्स बचाव की जानकारी

समय-समय पर एड्स : आरोग्यकारी कार्यक्रम के माध्यम से शिक्षकों और छात्रों के बीच एड्स से बचाव के महत्व के बारे में जागरूकता बढ़ाने का प्रयत्न किया गया है। कार्यक्रम के माध्यम से छात्रों को एड्स से बचाव के महत्व के बारे में जानकारी दी गई है।

कार्यक्रम में शिक्षकों को इस बात की जानकारी दी गई कि एड्स का रोकथाम केवल सुरक्षित सेक्स के माध्यम से ही संभव है। सुरक्षित सेक्स का अर्थ है कि जो व्यक्ति सुरक्षित सेक्स के माध्यम से एड्स से बचाव करेगा वह अपने जीवन में एड्स से बचाव करेगा।



शिक्षकों और छात्रों को एड्स से बचाव की जानकारी देने में, कार्यक्रम में भाग लेना

एक जानकारीपूर्ण एड्स से बचाव का दिन का प्रयास किया जा चुका है कि जब हमारे शरीर में एक सूई लगायी गयी है तब भी खतरा हो जा सकता है, तब ही संकलन है कि आज इस प्रकृत सेग में परिचित हो।

कार्यक्रम में बताया गया कि एड्स किन्हीं चीजों के माध्यम से एक व्यक्ति से दूसरे व्यक्ति तक फैल सकता है। एड्स को रोकथाम करने के लिए सुरक्षित सेक्स के माध्यम से ही संभव है।

आज ही, समय के साथ व ही एड्स को रोकथाम करने के लिए शिक्षकों और छात्रों को जानकारी दी गई है। एड्स से बचाव के लिए सुरक्षित सेक्स के माध्यम से ही संभव है। एड्स को रोकथाम करने के लिए सुरक्षित सेक्स के माध्यम से ही संभव है।



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Extension Activities of Literary Committee

2021-22

- On 19th of May 2022 an outreach activity was conducted in collaboration with Literary Committee of the college and Sarpanch and villagers of Deewal and Batta. In this with the help of the students of M.A. English a ‘Nukkad Natak’ was prepared on the theme of ‘Shiksha Ka Adhikar’ on girl education. This Nukkad Natak was showcased in two villages namely ‘Bata’ and ‘Deewal’. In it 20 students participated actively.

Nukkad Natak in Deewal Village on May 19, 2022





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 Extension Activities of Literary Committee

Nukkad Natak in Bata Village on May 19, 2022



जैडर संवेदनशीलता के प्रति जागरूकता पैदा करने के लिए नुककड़ नाटक का मंचन

■ शिक्षा का अधिकार शीर्षक द्वारा विद्यार्थियों ने लिंग भेद जैसी समस्या के विरुद्ध समाज में जागरूकता लाने का किया प्रयास

के थल/कलायत, 19 मई (महीपाल, गीरज, कुलदीप): आर.के.एस.डी. (पी.जी.) के थल की साहित्यिक परिषद एवं महिला प्रकोष्ठ के द्वारा जैडर संवेदनशीलता के प्रति जागरूकता पैदा करने के लिए गाँव दिवाल एवं बाता में नुककड़ नाटक का मंचन किया।

शिक्षा का अधिकार शीर्षक द्वारा



नुककड़ नाटक के बाद सामूहिक चित्र में विद्यार्थी, पदाधिकारी व ग्रामीण।

नाटक का आनंद लिया एवं इसकी सराहना की। फीडबैक फार्म में इन्होंने अपनी भावनाओं का इजहार किया।

गाँव बाता के पंचायत भवन में

लड़कियों एवं शादीशुदा महिलाओं को भी इस कथानक पर आधारित था।

इसका संयोजन डा. गीता गोयल एवं प्रो. रचना सरदाना ने किया।

बनाने में अन्य सदस्यों डा. विनय, डा. सुरुची शर्मा, डा. एस.पी. वर्मा, प्रो. पूजा, प्रो. शुभम एवं प्रो. निखार ने महत्वपूर्ण भूमिका निभाई।

इस नाटक में छात्रा रीटा ने सूत्रधार

गांव दीवाल और बात्ता में नुक्कड़ नाटक का मंचन

संवाद न्यूज एजेंसी

कैथल। आरकेएसडी कॉलेज की साहित्यिक परिषद एवं महिला प्रकोष्ठ की ओर से गांव दीवाल व बात्ता में नुक्कड़ नाटक का मंचन किया गया। शिक्षा का अधिकार विषय पर हुए इस कार्यक्रम में एमए अंग्रेजी के विद्यार्थियों ने समाज में लिंग भेद के खिलाफ जागरूकता लाने का प्रयास किया।

दीवाल गांव में महिलाओं और स्कूल के विद्यार्थियों ने नुक्कड़ नाटक का आनंद लिया एवं इसकी सराहना की। गांव बात्ता के पंचायत भवन में स्वास्थ्य विभाग के कर्मचारियों, स्कूल के विद्यार्थियों व महिलाओं ने नाटक को



लांग्यान रहीं। कार्यक्रम के अंत में सभी ग्रामीणों का धन्यवाद किया गया। इससे पहले प्राचार्य डॉ. संजय गोयल ने हरी झंडी दिखाकर इस दल को रवाना किया। कार्यक्रम को सफल बनाने में डॉ. विनय, सुरुचि शर्मा, एसपी वर्मा, प्रो. पूजा, शुभम व प्रो. निखार ने महत्वपूर्ण भूमिका निभाई। इस नाटक में छात्रा रीटा ने

लिंगानुपात संवेदनशीलता पर किया नुक्कड़ नाटक का मंचन

जगरण संवाददाता, कैथल : आरकेएसडी कॉलेज की साहित्यिक परिषद एवं महिला प्रकोष्ठ की तरफ से लिंगानुपात संवेदनशीलता के प्रति जागरूकता पैदा करने के लिए गांव दीवाल एवं बात्ता में नुक्कड़ नाटक का मंचन किया। शिक्षा का अधिकार विषय पर एमए अंग्रेजी के विद्यार्थियों ने समाज में लिंग-भेद जैसे सामंजस्य के विरुद्ध समाज में जागरूकता लाने का प्रयास किया। कैथल गांव में महिलाओं एवं स्कूल के विद्यार्थियों ने इस नुक्कड़ नाटक का आनंद लिया एवं इसकी सराहना की।

इस नाटक शिक्षा अधिकार सब को प्राप्त हो, विशेष रूप से लड़कियों एवं शारीरमूढ़ महिलाओं को भी इस कथनांक पर अवगत हो। इसमें



कैथल के गांव दीवाल में लिंगानुपात संवेदनशीलता के प्रति जागरूकता को लेकर आयोजित नाटक में प्रस्तुति देने वाले आरकेएसडी कॉलेज के विद्यार्थी। • कलकत्ता प्रेस

के अंत में सभी ग्रामीणों का धन्यवाद प्रस्ताव भी पेश किया। इससे पहले प्राचार्य डा. संजय प्रो. निखार ने महत्वपूर्ण भूमिका निभाई। इस नाटक में छात्रा रीटा ने सूत्रधार की भूमिका निभाई। मुख्य भूमिका अरुचि, राजेश गर्ग, डा. शशि माता ने किया।



रिलायंस सुपर स्टोर का दौरा करते आरकेएसडी कॉलेज के विद्यार्थी। • वै.अर.जे

विद्यार्थियों ने रिलायंस सुपर स्टोर का किया दौरा

कॉलेज के बेचरर आफ बिजनेस एडमिनिस्ट्रेशन के विद्यार्थियों ने रिलायंस सुपर स्टोर का दौरा किया। इस दौरे का उद्देश्य विद्यार्थियों को रिटेलिंग साक्षरता के व्यावहारिकता दी। उन्होंने स्टोर लेआउट की जानकारी देते हुए बताया कि अलग अलग सेगमेंट में स्टोर को डिवाइड किया गया है। इस दौरे का नेतृत्व राजेश गर्ग, डा. शशि माता ने किया।



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Extension Activities of Department of Botany

- Department of Botany conducts field activities for a spot study of plants, encouraging students to plantation work, and creating awareness about environmental cleanliness.

Spot Study of Plants- Students visited drain Ambala Road on 5 March 2018





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Extension Activities of Department of Botany
Students Visited Siwan Forest on Jan 22, 2019



Visit to Mundri Nahar on Feb 26, 2019



Visit to Cactus Garden on Feb 20, 2020





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Extension Activity of Department of Economics

2020-21

Economics Association adopted the Commerce block lawn I of the college for care and maintenance in February 2021. This has helped in enhancing awareness among the students about environment conservation and spread relevant messages in the community to save the environment to save Earth.





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Cultural Activities

R.K.S.D. College has a distinct place in cultural events and activities – be it winning of the overall trophy in Inter-zonal Youth Festival for consecutive five years (2003-2009), successfully organising the Zonal and Inter-zonal Youth festivals, Literary and Fine Arts workshops or getting top position in State-level Ratnavali festival competitions. At R.K.S.D College, young and budding artists have always been encouraged by faculty, principal and management. Substantial investment in terms of human efforts and financial resources has regularly been made by the college all along. Our college has a long and glorious history of participation in Zonal and Inter-zonal Youth Festivals, Haryana Day Celebrations and other State and National-level cultural competitions. Over the years, the contingent of cultural activities has won awards, trophies, laurels and widespread recognition. Carrying forward the glorious tradition of the institute, many of our students have earned fame as artists and coaches. Besides excelling in other genres of performing arts, RKSDians have been outshining in popular forms of Haryanvi theatre such as Saang, Skit, Monoacting, Raagini and Orchestra etc. Cultural activists of the College take up a number of pressing social and cultural issues in their independent initiatives of performances in community spaces within and outside the campus.





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